Tonight's Jackpot
$3,500,000 estimated
LOTTO 649

WHERE POUTINE IS ROUTINE
BIRTHPLACE OF THE SALTY TREAT {page 35}

THE 'HOFF
TV STAR PUT ON THE HOT SEAT
SCENE {page 24}

TORONTO metro®
Wednesday, August 25, 2010
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Downtown. Sighting

▶ Adrian Grenier

JOHN R. KENNEDY/FOR METRO TORONTO

Grenier, without the entourage

Adrian Grenier arrives at the Isabel Bader Theatre in downtown Toronto last night for a screening of Teenage Paparazzo, a documentary the Entourage star directed about a young celebrity photographer. The film opens Friday.

Riders, lend them your ears

Group rehearsed in public places for a month Last performance starts around 12:30 p.m. today at Spadina

TARA WALTON/TORSTAR NEWS SERVICE

As the train rattled and clanged along the track, passengers bobbed silently in their seats, zoning out the world around them.

At first, when Anna Rice, 19, began fidgeting and dancing by the door, no one paid her much attention. But as the subway pulled away from Castle Frank station, she called out, leapt into the aisle and all eyes were on her.

"I left no ring with her: What means this lady?" she sang loudly as Viola, Act 2 Scene 2 — Twelfth Night.

One man screamed with fright. Another woman pulled a toddler onto her lap.

"Fortune forbid my outsides have not charmed her," Rice continued loudly, as gobsmacked passengers watched with open mouths.

"Her parents didn't give her any attention," remarked Tom Lynch, 65.

They call themselves the Spur-of-the-Moment Shakespeare Collective, and once a week for the past two months this group of nine young acting grads and students has been performing Guerilla Shakespeare on the Bloor-Danforth line.

▶ A performance of Shakespeare on the TTC last week.

Using material from Romeo And Juliet, Macbeth, King Lear, and A Midsummer Night's Dream — among others — the group acts out monologues, scenes and soundscapes (where everyone is involved).

"We all know Shakespeare. We read it in high school. But Shakespeare really needs to be heard to be understood and appreciated. We're making it accessible," said director and collective co-founder Victoria Urquhart.

TORSTAR NEWS SERVICE

Metro Drive

Start your engines

Jivin' with the Juke Mike Goetz on the evolution of car maintenance Satisfying the sporty, and more {page 53-57}

Fatal standoff

Philippine bus drama has a Canadian connection {page 16}

Weir in trouble

Could Canadian golfer's year be finished? {page 47}

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TESS KALINOWSKI/TORSTAR NEWS SERVICE

▶ TTC chair Adam Giambrone speaks during a news conference yesterday. This fall, college and university students will pay less to ride the TTC. The transit commission is following through on a promise it made last fall to offer a special pass to post-secondary students, who will now pay $99 a month.

$99 pass a cheaper way for students

The city has about 300,000 post-secondary students eligible for the new pass
The TTC has printed about 150,000 passes for September, more than it expects to sell

While most people are paying more to ride the Rocket this year, college and university students will be enjoying cheaper TTC fares with the introduction of a new $99 monthly post-secondary pass.

The pass is the fulfilment of a promise the TTC made to student groups last November when it approved an overall fare increase.

But the cost to the TTC is nearly double the initial projections — up to $7 million annually compared with an earlier projection of about $3.8 million. That's because the earlier estimate was based on 2005 volume incentive discount (VIP) pass sales, which, as it turned out, had increased dramatically, according to marketing manager Alice Smith.

In the past, universities bought the VIP passes and sold them for about $107 to $109 per month, but there were often lineups to buy them and sometimes schools ran out, said TTC chair Adam Giambrone.

The new student pass requires a special photo ID available on campuses for $7 or at Sherbourne station for $5.25 with proof of post-secondary enrolment. Full- and part-time students in degree and diploma programs are eligible, and the passes are transferable to other students with the appropriate photo ID.

"If we can hook people on transit at an early age, we're going to have them on transit for the rest of their lives."
TTC CHAIR ADAM GIAMBRONE

One of the students who protested the fare increase at last fall's transit commission meeting applauded the new passes.

"The TTC is showing its commitment to student ridership, which represents a significant amount of customers," said Krisna Saravanamuttu of the York Student Federation.

TORSTAR NEWS SERVICE

TTC observer pans plans for museum

Years before it is expected to open, plans for a new Toronto transit museum are drawing fire from a member of the project's own steering committee.

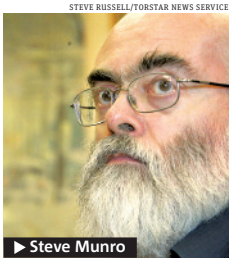
Longtime transit observer Steve Munro says the TTC is rushing the $5.5-million project to help justify a new head office at Yonge Street and York Mills Road, being developed by Build Toronto.

The building is a "political football," said Munro.

He wants the museum plans delayed until after the fall municipal election, when a new group of city councillors will sit on the Toronto Transit Commission.

"What's the big rush? My hunch is that there's an attempt to get it as far along as it can be while (TTC chair) Adam Giambrone is still in office to make it part of his legacy," said Munro.

STEVE RUSSELL/TORSTAR NEWS SERVICE



▶ Steve Munro

Giambrone said yesterday he had nothing to add to previous comments that a museum would be a marketing tool, attracting schoolchildren who would be future transit riders.

Commissioners approved a consultant's report Monday detailing plans for a 18,300-square-foot museum and interpretive centre. Munro said he and other members of the steering committee had no prior knowledge of the report. **TORSTAR NEWS SERVICE**

1 news

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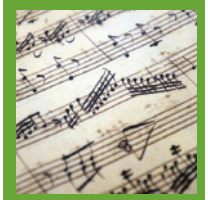

Paralyzed student designs program to help disabled kids play music. Video at metronews.ca/canada

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Scientists find more evidence of Earth-like planets outside our solar system.

Ont. tackles pension guarantee fund in system overhaul

Province won't follow recommendation to boost top-up to pensioners to $2,500 a month ◐ Liberals instead proposing to increase contributions that companies make ◐ Changes slated to pull in extra $30M per year

LUCAS OLENIUK/TORSTAR NEWS SERVICE

▶ Ontario Finance Minister Dwight Duncan

About 1.7 million workers and pensioners will be affected by a major overhaul to Ontario's pension system that will be debated this fall, Finance Minister Dwight Duncan said yesterday.

The proposed changes are intended to stabilize and strengthen Ontario's 8,000 defined-benefit pension plans and its pension benefits guarantee fund, the only one of its kind among the provinces.

The fund, which provides pensioners with up to $1,000 per month if their private-sector plan fails to provide its full benefit, has been an albatross for the governing Liberals, who have repeatedly warned that it hasn't been funded properly since its inception 30 years ago.

That looming threat came to a head last year during the recession, when the government was faced with a fund that didn't have enough cash to help thousands of workers at corporate giants like General Motors and Nortel that were poised to collapse into bankruptcy.

The fund got a $500-million boost in this year's provincial budget to cover claims stemming from Nortel's demise, and Duncan said the proposed changes should help keep it stable enough. GM, which is no longer paying into the fund, contributed about $13 million last year, according to ministry officials. THE CANADIAN PRESS

Proposed changes

- **The proposals** will be introduced in a government bill this fall, Finance Minister Dwight Duncan said. If passed, it will be the first major change to Ontario's pension system in 20 years.
- **He had warned** the changes would be more controversial than the ones unanimously passed by the legislature in May.
- **The first batch of changes** included clarifying benefits for people who are affected by layoffs, eliminating partial pension windups after 2011 and making it easier for plans to restructure when companies do.
- **The legislation also** laid the groundwork for extended benefits that allow laid-off workers to qualify for early retirement to make it available for more people, enhance regulatory oversight and make it easier for plan members and pensioners to access information.

Former York president had hand in pension overhaul

Much of the overhaul is based on recommendations made by Harry Arthurs, former president of Toronto's York University.

Arthurs suggested the province enhance its pension guarantee fund and appoint a full-time pension advocate, among other things.

THE CANADIAN PRESS

DARREN CALABRESE/THE CANADIAN PRESS

▶ University of Toronto computer engineering grad Eric Wan.

PARALYZED ENGINEER DEVELOPS SOFTWARE FOR DISABLED YOUTH

Eric Wan sways his head from side to side and the sound of tinkling ivories radiates throughout the room.

The pace of the melody accelerates in tandem with the rhythm of his movements as colourful shapes twirl in sync on a monitor.

With each bob of the head, the computer engineering graduate is crafting his own little music composition through a specialized software program he played a role in helping to develop.

The Virtual Music Instrument is among several projects he's been involved with aimed at helping children living with disabilities. The work is being done at Holland Bloorview Kids Rehabilitation Hospital, the largest facility of its kind in Canada.

"There's a lot of kids that are not able to play music just because they're not able to hold the musical instrument," said Wan, 32.

At age 18, Wan was diagnosed with transverse myelitis — a condition resulting from inflammation of the spinal cord — four days after getting a measles vaccination.

Wan was paralyzed from the shoulders down, forever transforming the life of young man who grew up with a love of computers and playing classical music on his violin.

In the midst of his studies at the University of Toronto, he met Tom Chau, senior scientist with Bloorview Research Institute, located on-site at Holland Bloorview.

After learning about Chau's research, Wan said he started volunteering at the hospital in the summer of 2005, and returned the following year in the fall as an intern. He has been part of the team ever since.

In addition to helping to advance programming on the Virtual Music Instrument, Chau said Wan has brought "tremendous software expertise" to the lab, in particular the iPod localization project, which allows an individual who requires use of a ventilator to wander throughout the hospital independently.

Wan also contributed to a device called the Aspirometer for detecting swallowing safety, Chau said. THE CANADIAN PRESS

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Drive-thru bylaw under fire again

Zoning law says drive-thrus can't be within 30 metres of city residences Amendment on table

A battle to restrict fast-food and coffee drive-thrus in the city's residential areas may be brewing yet again.

An amendment in Toronto's new zoning bylaws, which goes to council for approval this week, counteracts a 2002 city-wide ban that says drive-thru lanes can't be within 30 metres of homes and, instead, applies the standard to the order box only. The amendment could make it easier to put drive-thrus in some locations. The change comes six years after a residents' group and the city successfully defended the original ban at the Ontario Municipal Board.

TORSTAR NEWS SERVICE

Web of bylaws

- Coun. Peter Milczyn (Etobicoke Lakeshore, Ward 5) pushed the amendment as part of Toronto's new bylaws, a six-year project to harmonize regulations across 43 zoning areas brought together when North York, Scarborough, Etobicoke, York and East York amalgamated with Toronto in 1998. The situation was complicated by the fact that some of the former cities had a web of bylaws, enacting new sets each time a new residential area was formed. Scarborough had more than 30.

St. Lawrence Market. Buskerball

A performer takes to the air during Buskerball last night, a prelude to Buskerfest.

SEVENSTOCK PHOTOGRAPHY

Buskerfest fills the air

Buskerfest, a celebration of the unusual, starts tomorrow and runs through Sunday.

No charges after threats to mayor

No charges will be laid after Hamilton Mayor Fred Eisenberger received threats related to a highly charged debate over the location of a new stadium.

The matter was turned over to police, who say they have spoken to the individuals in question and determined there was no criminal intent to harm the mayor.

Police say the mayor requested that no charges be laid in what local media said were death threats.

Stadium site

- Hamilton Mayor Fred Eisenberger backed the approved downtown stadium site, prompting Tiger-Cats owner Bob Young to withdraw support for the new facility.

On Aug. 11, Hamilton city council voted to build a new stadium at a downtown location, over an East Mountain site favoured by the CFL's Tiger-Cats.

THE CANADIAN PRESS

Cousins facing 408 charges

Two cousins are facing 408 criminal charges in connection to thefts of catalytic converters, say Durham police.

The suspects were identified using surveillance footage from the parking lot of the Whitby GO station. Catalytic converters are devices attached to the exhaust system of an engine to reduce polluting emissions. The two were arrested without incident at the Unionville GO station.

Charlie Williamson, 20, of Millbrook and Jay Williamson, 24, of Oshawa are facing theft-related charges. Police say thefts have occurred in Halton, Toronto, York and Durham regions.

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Girl, 12, sings some songs for a good cause

Profits from Luanna Leitao's debut album to be donated as part of the Kids Believe in SickKids program

Luanna Leitao is a different person when she sings.

Without a melody she speaks quietly and appears almost painfully shy.

But with a song on her lips, the 12-year-old from Keswick is transformed.

"When I sing, I feel like I'm in my own world; all my worries go away."

Tomorrow, Luanna releases an album of her favourite pop covers to raise money for the SickKids Foundation, the fundraising organization for the Hospital for Sick Children.

"I wanted to do something that I like to do and something that helps other people," she said.

BRENDAN KENNEDY/TORSTAR NEWS SERVICE

▶ Luanna Leitao

Ironically titled Untitled, the album features Luanna belting out and playing piano on 10 songs by artists such as Taylor Swift, Miley Cyrus, Kelly Clarkson, Coldplay and Alicia Keys.

The album was professionally recorded at Connors Music in Keswick with the jewel cases and artwork hand-assembled by Luanna and her mother.

TORSTAR NEWS SERVICE

How to get it

Luanna's debut album, Untitled, will be available tomorrow for $10 at Connors Music record store, Creative Headlines salon and Team Peroff real estate office in Keswick, and Salon Freshair in Sutton. All proceeds will be donated to SickKids Foundation.

Promises of pay cuts in Oshawa campaign

If money talks, Oshawa mayoral hopeful Louise Parkes thinks $8,000 is a pretty good conversation starter on the subject of fiscal restraint.

That's five per cent of her salary of $130,862 she would cut if elected this fall. She would also slash council's city-paid salaries by five per cent and freeze them for four years for a total savings of more than $100,000.

"The tax burden is too high and Oshawa must bring spending in line with other cities in the GTA," said Parkes, a city councillor for 10 years.

TORSTAR NEWS SERVICE

130K

The Oshawa mayor's job pays a total of $130,862, which includes $83,116 from the city and $47,746 for sitting on the Durham Region council.

G20 arrests

▶ People gather around those scheduled to make their court appearances charged with various offences stemming from the G20 summit Monday.

CROWN WITHDRAWS CHARGES AGAINST 58 PEOPLE

Figures from a mass of G20-related court appearances show the Crown withdrew charges against 58 people.

A group of 304 people — the government had originally pegged it at 303 — was scheduled to appear in a northwest Toronto courthouse Monday facing charges stemming from the summit.

A spokesman for the Ministry of the Attorney General said four people did not appear and bench warrants were issued for them.

The Crown stayed or withdrew charges against 31 people. An additional 22 had their charge withdrawn if they made a donation to charity, and five were withdrawn through peace bonds.

In addition, six people pleaded guilty and nine others were listed in error, which the spokesman said is typically a result of duplication.

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Friday the 13th proves to be lucky for 1 man

Ottawa man won half of the $50-million Lotto Max prize Father of two plans on buying a house ... or two

THE CANADIAN PRESS

Gerry Clement

Some may consider Friday the 13th unlucky, but not Gerry Clement — that's the day he won $25 million. The Ottawa man had picked out a set of numbers at random about a year ago, and had been playing them most weeks since.

Clement, 50, won a free ticket Aug. 6, as he had several times previously this year, but his numbers would lead to much more than another free ticket in the next week's draw.

His ticket was one of two to share the $50-million Lotto Max prize on Friday, Aug. 13.

"It's surreal, really," Clement said while collecting his winnings in Toronto. "You try to keep your feet on the ground ... It's going to change your life, but hopefully not too much."

The father of two rents his home in Ottawa and said he wants to buy his first house ever — and then maybe another.

His 12- and 13-year-old kids didn't know about their father's windfall as he cashed in his ticket, but that would soon change, he predicted. And it probably won't take long for them to make plans for the money, he said.

Clement worked in circulation at the Ottawa Citizen and the Kingston Whig-Standard and now he's in construction.

"Well, not anymore," he quickly clarified with a smirk. "Now I'm into finance." THE CANADIAN PRESS

Dealership. Settlement

GM announced last year it would eliminate more than one-third of its Canadian dealerships by October.

NATHAN DENETTE/THE CANADIAN PRESS

GM and dealers agree

Several General Motors dealerships slated for closure will remain open after reaching a settlement with the automaker. Twenty-one dealerships sued the company last year after they were told they would be closed as part of GM's restructuring efforts. Of those, about a dozen will remain open.

Feds to pay $130M to company to settle claim

The federal government will pay AbitibiBowater $130 million to settle the company's claim that Newfoundland illegally seized some of its assets.

The case was settled after the company filed a complaint under the North American Free Trade Agreement.

With the settlement announced, the company will drop the NAFTA case.

The government said it wanted to head off a long legal fight. The company is in the process of restructuring after seeking bankruptcy protection. THE CANADIAN PRESS

$500M AbitibiBowater sought $500 million under NAFTA after the province expropriated its timber and water rights when AbitibiBowater decided to close its Grand Falls-Windsor mill in 2008.

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A SPECIAL REPORT PRESENTED BY FRIENDS OF THE GREENBELT

Tour de Greenbelt

Ontario's Greenbelt offers family fun close to home

The summer is almost over. The kids are done camp. Once the fall hits there's bound to be the usual feet-dragging on weekends to hang on to the golden days of summer. But what to do if you've already spent this summer's budget on vacation, camp, or back-to-school clothes?

Relax. There are lots of ways to rest and nurture your family with plenty to discover while making the most of the dwindling days of summer right here in our own backyard: Ontario's Greenbelt.

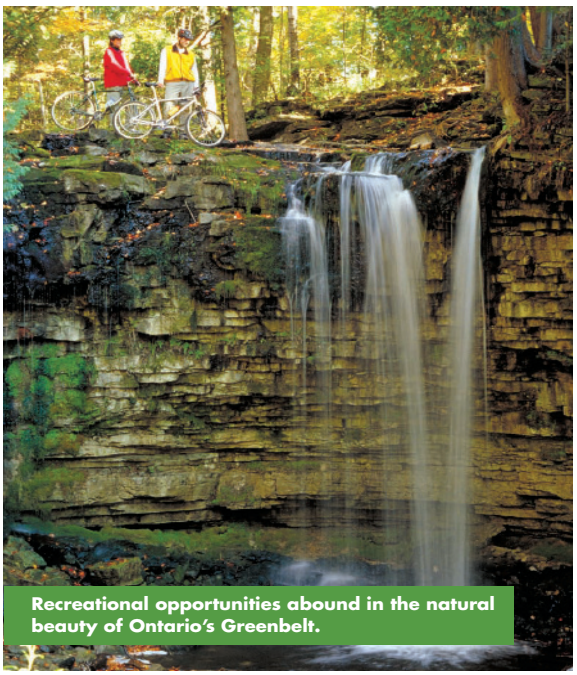
This September's Tour de Greenbelt (September 11 & 12 and 25 & 26), now in it's third year, is "the perfect opportunity for families to have a stay-cation right here at home while experiencing the riches that the Greenbelt has to offer." says Peter Hart, Director for the Tour de Greenbelt. Promoted as "a fresh air festival on wheels", the bike-based Tour provides some affordable and easy day-trip escapes to the Greenbelt in Niagara, York and Durham regions.

Hart, who is also the Tour Director for the Heart & Stroke Foundation's Ride For Heart says that the Tour is more relaxed and less competitive

Tour de Greenbelt is "a fresh air festival on wheels"

than other rides offered over the summer. "The Tour is meant to be a recreational ride through the Greenbelt," says Hart. "Participants can take their time and stop frequently to enjoy different Greenbelt experiences that have been planned along the way."

The various routes include stops at conservation areas, pick-your-own farms, vineyards and more. For more information on the Tour de Greenbelt, or to register online visit www.tourdegreenbelt.ca.



Recreational opportunities abound in the natural beauty of Ontario's Greenbelt.

FRESH FOOD & FARM FACTS

1 The Greenbelt is larger than PEI, protecting about 728,000 hectares of countryside and over 7,100 farms.

2 From fuzzy squash to bok choy, elderberries to goat's milk, Greenbelt farmers are producing more and more new ethnic foods to meet Ontario's changing tastes while also keeping our food system local and sustainable.

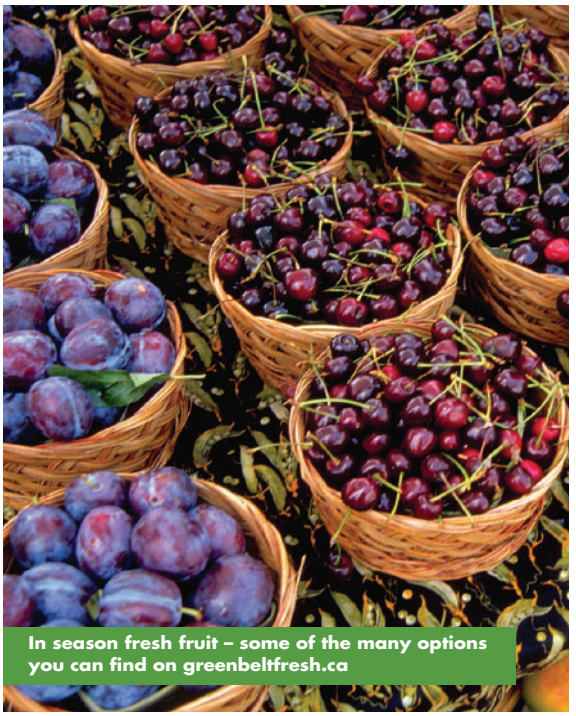
3 Greenbelt-grown food only travels between 50 and 250km before it reaches our plates, compared to the approximately 2,500km that most food travels on average. Eating local reduces our environmental footprint which is better for our own health, and that of the planet.

4 The Greenbelt produces 26% of Ontario's apples, 87% of Ontario's peaches, 50% of Ontario's sour cherries, over 85% of Ontario's grapes and 42% of Ontario's raspberries – and they're all in season NOW, or will be soon!

5 The Holland Marsh provides up to $169 million dollars to Ontario's economy through farming annually. To learn more about Ontario's Greenbelt visit www.greenbelt.ca.

6 There are over 60 farmers' markets and 100 on-farm markets in and around the Greenbelt. To find the locations closest to you, visit www.greenbeltfresh.ca.

Playing with your food



In season fresh fruit – some of the many options you can find on greenbeltfresh.ca

Despite what parents may have been telling children for years – having some fun with your food isn't always a bad thing. Shopping at community supported local farmers' markets and dining at restaurants that serve local or organic foods is becoming a good habit for many Torontonians – and there's more to it than just good food.

Health experts say that the increase in local foodie culture is a positive step towards lifestyle changes that could produce a healthier population. Other side effects include: a sustainable food economy and a fun day or night out of the house.

"I love going to the farmer's markets with my family, but it's even more fun when we take the trip out to a farm – my kids love it," says Linda Brown, Greenbelt shopper and supporter.

From community supported agriculture (CSA), pick-your-own-farms and on-farm markets, to taking a tour of wine country, or stopping by a local apple orchard to pick your own fresh apples, the options for the whole family to enjoy are endless.

"I love going to the farmer's markets with my family, but it's even more fun when we take the trip out to a farm – my kids love it,"

Greenbeltfresh.ca is a farmers' online market which allows users to find farms located in the Greenbelt, what they offer and where they are located – giving anyone the information to have their very own local food experience by taking a trip out of the city or simply letting them know where they can find Greenbelt-grown foods right around the corner.

Visit: www.Greenbeltfresh.ca at home or on your smartphone to see what's growing near you.

greenbeltfresh.ca
FRESH FOOD FINDER

Get Beer Deals by SMS.

News in brief

Mosque near Ground Zero opposed: Poll

WASHINGTON. A new poll finds skepticism among Americans that Islam is likelier than other faiths to encourage violence. The poll by the nonpartisan Pew Research Center finds the public leans 51 per cent to 34 per cent against building a Muslim centre near the former site of New York's World Trade Center.
THE ASSOCIATED PRESS

38% More Americans have unfavourable than favourable views of Islam by 38 per cent to 30 per cent.

Iggy against HST process

KAMLOOPS, B.C. British Columbia's government is taking a beating over the HST and Liberal Leader Michael Ignatieff says it's partly because of the way it was introduced.
THE CANADIAN PRESS

Suspected role in bombing covered: Report

LONDON. The British government and the Roman Catholic church colluded to cover up the suspected involvement of a priest in a 1972 bombing that killed nine people and injured 30, a new report said yesterday.
THE ASSOCIATED PRESS

Farmer told to put a cork in it

KAMLOOPS, B.C. Beer-fed cattle in Japan are supposed to be more succulent, so a B.C. rancher believes wine-fed cattle should be boeuf on the hoof. But the Canadian Food Inspection Agency has ruled wine is fine, but not for bovine.

"If people can drink it, why can't cattle drink it," said Southern Plus Feedlot operator Bill Freding.
THE CANADIAN PRESS

Pakistan struggles to aid the stranded

- U.S. deployed 18 helicopters for regular relief missions
- UN says it needs 40 more to reach the 800,000 stranded

About 800,000 people have been cut off by floods in Pakistan and are only reachable by air, the United Nations said yesterday, adding it needs at least 40 more helicopters to ferry lifesaving aid to increasingly desperate people.

The appeal was an indication of the massive problems facing the relief effort in Pakistan more than three weeks after the floods hit the country, affecting more than 17 million people and raising concerns about possible social unrest and political instability.

"These unprecedented floods pose unprecedented logistical challenges, and this requires an extraordinary effort by the international community," said John Holmes, UN undersecretary-general for humanitarian affairs.

Pakistan Prime Minister Yousuf Raza Gilani said hundreds of health facilities had been damaged and tens of thousands of medical workers displaced and the country's chief meteorologist warned it would be two weeks until the Indus River — the focus of the flooding — returns to normal levels.

Many of those cut off are in the northwest.
THE ASSOCIATED PRESS

MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

▶ Recovering from the devastating floods still battering Pakistan will take at least three years, the president said.

Health risks

Aid agencies said contaminated water and a lack of proper sanitation were already causing a spike in medical problems in camps for the displaced.

- More than 3.5 million children are at risk from waterborne and skin diseases, and respiratory infections and malnutrition are spreading in flooded areas, Prime Minister Yousuf Raza Gilani said.
- He said the floods had damaged more than 200 health facilities, and about one-third of the country's women health workers were displaced.
- "As human misery continues to mount, we are seriously concerned with spread of epidemic diseases," Gilani said.

CHINA

42 dead in plane crash

A Chinese passenger jet overshot a fog-shrouded runway in the country's northeast and burst into flames yesterday, killing 42 people and injuring 49 others, state media said.

The Henan Airlines plane with 91 passengers and crew crashed in Heilongjiang province's Yichun city, the official Xinhua News Agency said.

China Central Television quoted Sun Bangnan, deputy director of the Heilonjiang Public Security Department, as saying that 42 bodies had been recovered and 49 people were rescued and taken to local hospitals.

Wang Xuemei, vice mayor of Yichun, told CCTV that three of the injured were in critical condition but gave no details.

THE ASSOCIATED PRESS

Massive traffic jam in north China hit its 10-day mark yesterday

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Militants kill Somali politicians

Islamist militants wearing Somali military uniforms stormed a hotel favoured by lawmakers in the war-battered capital yesterday, killing 32 people, including six parliamentarians.

A suicide bomber and one of the gunmen were also killed in the brazen attack just one kilometre from the presidential palace. THE ASSOCIATED PRESS

Ottawa may back man on death row in U.S.

BILL GRAVELAND/THE CANADIAN PRESS

▶ Ronald Smith, the only Canadian on death row in the U.S.

Originally asked for death sentence, but had change of heart

The only Canadian on death row in the U.S. may be getting more than moral support from the Harper government if the U.S. Supreme Court agrees to a review of the case of Ronald Smith.

Smith's lawyer said yesterday the Canadian government may ask the court for standing to argue against the death penalty.

"They have made rumblings about joining by filing essentially an amicus appearance in the U.S. Supreme Court," said Greg Jackson. "We have not heard any final decision on whether they're going to do that."

Smith, 52, has been living on borrowed time since he was convicted in Montana in 1983 for shooting to death two cousins, Harvey Madman Jr. and Thomas Running Rabbit, while he was high on drugs and alcohol.

"If they don't grant review then it will be remanded to the state to set an execution date."
GREG JACKSON, SMITH'S LAWYER

The former Albertan, who had been taking 30 to 40 hits of LSD and consuming between 12 and 18 beers a day at the time of the murders, refused a plea deal that would have seen him avoid death row but spend his life in prison. Three weeks later, he pleaded guilty. He asked for and was given a death sentence.

He later had a change of heart and has been on a legal roller-coaster for the last 25 years. THE CANADIAN PRESS

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Real estate post shocks Calgarians

Listing promises private backyard with no 'coloured people peeking in'

KRISTA SYLVESTER
@METRONEWS.CA

Calgarians are shocked after a home listing on a Calgary website stated the owners will sell to a "white buyer" only, in a "highly-rated white community."

Calgarians took to Craigslist.com to voice their outrage at the posting that appeared on CalgaryFinder.com. Area Ald. Joe Connelly said he is infuriated with the listing, even if it was a joke, and said he will be looking into it further.

Metro contacted the link to the house sellers with no response, though a spokesperson for the site said the listing was "legitimate."

"The ad was listed and paid for. It's our policy not to censor our ads. However, if any ad is deemed unlawful, it is removed promptly," Nancy Steiner said, adding if the seller discriminated against a buyer because of their race then it would violate fair housing laws.

Community

- **The house** was listed for sale in the southwest community of Sienna Hills for $512,800 on Aug. 23.
- **Area homeowners** contacted by Metro disagreed with the contents of the post.

Unmanned. Odyssey

▶ A technician controls an unmanned electric-powered vehicle by a remote device, in Parma, Italy.

ANTONIO CALANNI/THE ASSOCIATED PRESS FILE

Nobody at the wheel

A pair of fender-benders, two technology-loving hitchhikers and 22 hours blocked at the Russian border. That's the balance sheet one month into a 13,000-kilometre road trip from Europe to China made by a team of driverless electric vehicles.

Serious issues only at peace talks: Blair

ARIEL SCHALIT/THE ASSOCIATED PRESS

Former British prime minister Tony Blair called on Israelis and Palestinians yesterday to bring serious proposals to a new round of peace talks set to start Sept. 2.

The comments come amid moves by both sides to lay out their positions since the new U.S.-backed talks were announced last week. Blair said peace talks would only work if they address the main sticking points.

THE ASSOCIATED PRESS

"Proposals on these issues will be a litmus test of seriousness."
TONY BLAIR

Group urges revamp of oil cleanup

50 Lawyer Barry Robinson says the board called for a 50 per cent reduction of fine soil particles in tailings by 2013.

An environmental justice group says it has filed an application asking energy regulators in Alberta to revoke its approval of an oil-sands company's plans to clean up toxic waste ponds. Barry Robinson, a lawyer with Ecojustice, says Syncrude's tailings management plans for its Mildred Lake and Aurora North projects don't meet rules laid out by the Energy Resources Conservation Board. THE CANADIAN PRESS

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Gesture to the North

Arctic research station to open in same year that $720-million icebreaker is to be deployed

The federal government has chosen Cambridge Bay, Nunavut, as the home for the long-awaited High Arctic research station.

But by the time the first scientists move in, it will have been 10 years since the Conservative government first promised a multidisciplinary research centre to unlock the mysteries of the North.

Prime Minister Stephen Harper was supposed to deliver the good news to the residents of Cambridge Bay at an announcement early yesterday, but heavy winds delayed his flight out of Churchill, Man.

"The Canadian High Arctic research station will be a meeting place for Canada's top scientists, and indeed for leading scientists from around the world," Harper told reporters packed into the restaurant at a cosy lodge for an impromptu news conference.

"It will also inspire the imagination and ambitions of young Canadians and Cambridge Bay across the North."

Ottawa carried out a $2-million feasibility study to determine which of the three communities was best suited for the year-round multidisciplinary facility.

Pond Inlet and Resolute were also in the running for the station, billed as a scientific hub for Canada's North.

A further $18 million over five years was allocated in the 2010 budget for the pre-construction design phase.

The station is targeted to be in operation by 2017, in time for Canada's 150th anniversary.

THE CANADIAN PRESS

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Prime Minister Stephen Harper makes the announcement yesterday in Churchill, Man.

Station specs

- It will include a technology development centre, a traditional knowledge centre, and advanced labs and telecommunications.
- It will help in the global understanding of climate change.

Inuit opposition

Research activities in the Arctic hit a roadblock earlier this month when the Nunavut Court of Justice granted an Inuit association's request for an injunction preventing a German icebreaker from conducting tests off the coast of Baffin Island. THE CANADIAN PRESS

Copulating couple caught cold on camera

It wasn't difficult to identify the suspects in a break-in at a rural home in Washington state. The bare facts were right there.

Greys Harbor County sheriff's Chief Deputy Dave Pimentel said the man and woman were caught having sex on camera Monday when someone arrived to collect the mail while the homeowner was away, according to broadcaster KXRO-AM.

The naked couple fled, leaving behind the camera, which had been stolen elsewhere.

THE ASSOCIATED PRESS

News in brief

Ex-stat chief's talk cancelled

KINGSTON. The organizers of a business conference cancelled a presentation by Canada's former chief statistician because invited media refused to go off the record.

Munir Sheikh was supposed to give a 45-minute speech to the Canadian Association for Business Economics on controversial changes to the census.

THE CANADIAN PRESS

Gunfire volley kills 2 in Beirut

BEIRUT. Lebanese Shiite and Sunni groups traded machine-gun fire and grenades in Beirut yesterday, killing two people and wounding several others just blocks from a busy downtown packed with tourists at this time of year.

THE ASSOCIATED PRESS

Teen's location kept a secret

HALIFAX. The family of a troubled Nova Scotia teen being treated for behavioural disorders at a facility in Ontario says he is being discharged today and they aren't being told where he's going.

The family, who can't be named, produced a letter from Nova Scotia's Department of Community Services yesterday that said their contact with the boy had been suspended on the recommendation of the facility.

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BAHRAIN

Arrest in 11-year-old murder of Canadian

Authorities in Bahrain arrested a suspect yesterday in the case of a Canadian wedding singer whose body was found stuffed inside a suitcase at London's Heathrow Airport in 1999, according to Scotland Yard.

Police said Youssef Ahmed Wahid was arrested in the Gulf state in what it described as a planned operation and his extradition was pending.

The body of 28-year-old Fatima Kama was found in a black suitcase abandoned at Heathrow Airport July 17, 1999.

Wahid, a former Kuwait Airways steward, was arrested within days of the discovery at his hometown in Lebanon. But he was eventually released and then went on the run.

THE ASSOCIATED PRESS

Retail sales up slightly

Canadian shoppers spent less money but purchased more items in June, which pushed retail sales in current dollars ahead a meagre 0.1 per cent to $35.9 billion.

Statistics Canada said yesterday that lower prices at gas stations and new car dealers were a key factor in the mild dollar increase, though in volume terms sales were up 0.9 with price changes factored in.

Retail sales rose in five of 11 subsectors in June, but were down overall in six provinces.

The largest increase in dollar terms was a 2.1 per cent rise at motor vehicle and parts dealers.

New car dealers reported gains of two per cent, reflecting higher sales of new motor vehicles, while sales at used car dealers were up 4.5 per cent and automotive parts, accessories and tire stores rose 1.8.

0.3%

Retail sales increase in Ontario in June.

Breaking down the sectors for June, sales rose 5.1 per cent at electronics and appliance stores, which some analysts said could be linked to Canadians buying big screen TVs in preparation for the World Cup.

Furniture and home furnishing stores sales increased 2.3 per cent, marking a "strong gain" for the second month in a row, as it was called by Krishen Rangasamy of CIBC World Markets.

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3 Canadians among dead in bus drama

KIN CHEUNG/THE ASSOCIATED PRESS

▶ Hong Kong citizens protest outside the Philippine Consulate General in the Chinese Special Administrative Region yesterday, alleging the Philippine government mishandled a bus hijacking Monday that left eight dead, including three Canadians.

Reports indicate 5 Canadian passport holders were part of group of Hong Kong tourists in Philippines

Three Canadian citizens, including a father who gave his life in an effort to protect his family, were among eight Hong Kong tourists killed Monday in a deadly hostage standoff in the Philippines that left grieving, angry family members demanding answers from authorities.

The three slain Canadians were identified as Ken Leung, 58, and his daughters Jessie, 14, and Doris, 21, all three of them dual citizens who lived in Hong Kong.

Leung, a managing director for Asia operations with U.K.-based electronics manufacturer Stadium Group PLC, held a Canadian passport, a spokesman said from London.

Leung's wife, Amy Ng, who was unhurt in the melee, said her husband confronted the gunman before he was killed. The couple's son, Jason Leung, 18, remained in hospital after surgery on a head wound.

"My husband has passed away. My son is in the ICU. I thought I would fight for survival so I could take care of my children, but two of them have already died."

AMY NG

Two of the Leung children were studying in Canada. Jason Leung reportedly attended Bronte College, an exclusive private school for foreign-exchange students in Mississauga.

The school did not immediately return phone calls yesterday.

The Department of Foreign Affairs would only acknowledge the possibility there were Canadians on board, and said the Canadian mission in Manila was working closely with local authorities to try to get more information.

THE CANADIAN PRESS

Ex-minister: Charest turned blind eye

JACQUES BOISSINOT/THE CANADIAN PRESS

▶ Marc Bellemare

A former Quebec justice minister says financiers for the Quebec Liberal party influenced the selection of judges while he was in office, all with the blessing of Premier Jean Charest.

Marc Bellemare made the comment as a public inquiry began yesterday into allegations that Liberal fundraisers influenced the appointment of judges.

In his long-anticipated testimony, Bellemare said Charest told him to do whatever the party's financial backers wanted him to.

Bellemare testified at the commission in Quebec City that Liberal fundraiser Franco Fava put pressure on him in July 2003 to name the son of a Liberal organizer to the bench.

And Bellemare alleged Charest was fine with the appointments.

"He (Charest) told me, 'If Franco told you to name Simard and Bisson, name them,'" Bellemare quoted Charest as saying at a meeting the ex-justice minister said took place Sept. 2, 2003.

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Afghans wary of next month's vote

- Karzai's international partners working to ensure vote will be clean
- Poll workers blacklisted for misconduct during 2009 presidential vote

Election woes

The Afghan constitution required a parliamentary election by May 22.

- **Postponement** The balloting was postponed by four months because of security concerns and lack of funds from international donors, which were withheld until Karzai replaced top election officials who ran the presidential vote.
- **Danger** In eastern Paktia province and southern Kandahar province, candidates decided not to campaign at all because it was too dangerous, according to the Free and Fair Election Foundation of Afghanistan, the main Afghan observer body.

A shopkeeper in Kandahar city says what others are thinking: Casting a ballot in next month's Afghan parliamentary election isn't worth the risk.

"I'm not going to vote. I can't risk my life for nothing," says 31-year-old Hekmatullah as he calls out prices for lipstick and nail polish to women shuffling through the store in burqas.

After a fraud-ridden presidential election last year that threatened to undermine President Hamid Karzai's legitimacy and international support, the Sept. 18 parliamentary ballot is being watched closely as a test of whether the Afghan government is serious about reform.

A second flawed ballot would devastate Karzai's reputation abroad and threaten U.S. congressional support for the government at a decisive phase in the nearly nine-year war.

THE ASSOCIATED PRESS

MUSADEQ SADEQ/THE ASSOCIATED PRESS

▶ Afghanis ride bicycles near an election billboard in Kabul.

COALITION FORCES KILL 40 TALIBAN

Afghan and international forces killed an estimated 40 Taliban fighters east of the Afghan capital Kabul as part of operations to provide security ahead of parliamentary elections next month, NATO said yesterday.

Two coalition servicemen, including one American, were killed in fighting in the volatile south, where the insurgency is most heavily entrenched, the coalition reported.

A total of 49 foreign troops have been killed in Afghanistan this month, including 31 Americans, according to a count by The Associated Press.

Fighting in Kabul province began Friday, involving Afghan, U.S. and French troops and both air and ground assaults, the coalition said. Eight Taliban leaders were captured and a large quantity of explosives and other weapons destroyed, it said.

THE ASSOCIATED PRESS

Pest company releases list of bedbug hotbeds

BEBETO MATTHEWS/THE ASSOCIATED PRESS FILE

▶ Carl Massicott, of Advanced K9 Detectives, demonstrates how his beagle, Radar, sniffs for bedbugs.

A leading pest control company has released a list of the 15 most bedbug-infested cities in the United States, and New York, Philadelphia and Detroit have scratched their way to the top.

Terminix released its report yesterday, basing it on an analysis of call volume to the Memphis, Tenn.-based company's 350 service centres.

Bedbugs can be found in mattresses, furniture and clothing, and they feed off animal and human blood.

Insect scientists say bedbugs are appearing on a scale not seen since before the Second World War.

High-traffic areas such as hotels, airplanes and cruise ships are especially prone to infestations.

Ohio has three cities in the top 10 — Cincinnati is fourth, Columbus is seventh and Dayton is eighth.

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Camera catches cruelty to cat

Police urge residents to show restraint Cat's owner expected youths or drunks to be the culprits

The grey-haired woman gently pets the cat, occasionally glancing furtively at a garbage bin. Then she strikes, casually grabbing it by the scruff, tossing it in, popping the lid closed, and quickly strolling away.

The surveillance video posted online by Lola the cat's owners takes only seconds, but it has outraged thousands of viewers around the world, some of whom posted angry messages pledging retribution. Now, police say they've identified the woman and posted guards outside her house in central England.

Investigators at the Royal Society for the Prevention of Cruelty to Animals, which prosecutes cruelty cases, said yesterday the grey striped cat was trapped for 15 hours before being rescued Sunday morning by her owners, who told a British newspaper they heard Lola's muffled cries from inside the bin. The distressed cat was unharmed.

THE ASSOCIATED PRESS

Watch the surveillance tape at metronews.ca/world

▶ A shrine to Mother Teresa in New Delhi.

SAURABH DAS/THE ASSOCIATED PRESS

Marking Teresa's 100th

People from different religions pay tribute to Mother Teresa yesterday in New Delhi, India, at a function held to start celebrations marking the centenary of her birth. She was born Aug. 26, 1910.

Stem-cell ruling bad news for patients, groups warn

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Conestoga Mall
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Fairview Park Mall
Lime Ridge Mall
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PEPPER WIRELESS
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Auto growth predicted

Study says 2010 employment to greatly exceed that of last year

A new study says Canada's auto parts manufacturing sector will continue to lose money this year, but return to profitability in 2011 and the following three years.

The analysis was put together by the Conference Board of Canada and Business Development Bank of Canada.

Even this year's loss will be an improvement over 2009, when the auto parts sector lost $674 million during the worst recession in decades.

THE CANADIAN PRESS

Improving?

▶ **Profits** The study projects the sector will lose $41 million this year, but have a $378-million profit in 2011, rising each of the next three years to $894 million in 2014.

Fast food. Slow market

▶ A patron at a Burger King in Springfield, Ill.

SETH PERLMAN/THE ASSOCIATED PRESS

Burger King sales fall

Burger King Holdings Inc. said yesterday its fourth-quarter net income fell nearly 17 per cent as sales slipped and costs for ingredients and packaging climbed.

Billabong to buy West 49 for $99M

West 49 shareholders have voted almost unanimously in favour of Billabong's $99-million takeover bid for the Canadian clothing retailer.

A tally of votes cast at West 49's meeting showed 99.9 per cent were in favour of the offer from Australia's Billabong International. Both West 49 and Billabong cater to youth and young adults with a variety of skate, surf and snowboarding equipment and fashions.

THE CANADIAN PRESS

Market moment

DOLLAR	Natural gas 1,000 cu ft	OIL	TSX
– 0.72¢ (94.31¢ US)	$4.055 (– 1.1¢) Gold contracts $1,231.80 (+ $4.90)	– $1.47 US ($71.63 US)	– 161.28 (11,557.35)

PRICES AS OF 5 P.M. YESTERDAY

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★★★★★ HIGHEST POSSIBLE U.S. GOVERNMENT CRASH SAFETY RATING†

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LS Sport with OnStar shown††

LT model with Team Canada Edition Package shown††

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★★★★★ HIGHEST POSSIBLE U.S. GOVERNMENT CRASH SAFETY RATING†

$1,500 GM CARD MAX. REDEMPTION ALLOWANCE†

CONSUMERS BEST BUY DIGEST

LT Platinum Edition model shown††

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MSRP $28,814

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For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. *$14,000 Price Adjustment includes $8,000 manufacturer to dealer delivery credit (tax exclusive) and $6,291 employee price discount (tax exclusive) available on 2010 MY Silverado/Sierra HD 2500 for retail customers only. Other delivery credits available on most models. Employee price discount amount based on MSRP of $55,190 (excluding $1,350 license, insurance, registration, fees associated with filing at movable property registry/PPSA administration fees, duties and taxes). Dealers are free to set individual prices. Any actual savings under the Employee Pricing Event program will vary depending on your dealer's prior selling prices. Employee price discount is available on the purchase/finance of an eligible new or demonstrator 2010/2011 MY Chevrolet/Buick/GMC/Cadillac or 2010 MY Pontiac/Hummer vehicle delivered between 6/23/10 and 8/31/10 at participating dealers in Canada. Ineligible vehicles: 2010/2011 MY Corvette ZR1, Medium Duty Trucks and G-Vans (passenger, cargo, cutaway), 2011 MY Equinox, Terrain, Camaro, Regal, LaCrosse, Cadillac CTS Coupe and SRX. Dealer order or trade may be required. Limited quantities of certain 2010 models available. This offer may not be combined with certain other consumer incentives available on GM vehicles. GMCL may modify, extend or terminate this offer in whole or in part at any time without notice. Conditions and limitations apply. See your GM dealer for details. ♦$2,000/$4,300/$500/$1,000 is a manufacturer to dealer delivery credit for 2010 Chevrolet (Aveo/Cobalt LS/Malibu LS/Impala) reflected in offers in this advertisement. ‡Offer applies to the purchase of 2010 Chevrolet (Aveo 5-door LS RTO/Cobalt LS Coupe or Sedan RTE/Malibu LS RTO/Impala LS RTO). Example: $12,446 Aveo 5-door LS RTO purchase price, $0 down payment, 0% purchase financing for 60 months, monthly payments are $207.43. Cost of borrowing is $0. Total obligation is $12,446. Offer may change or be withdrawn at any time without notice. Dealer may sell for less or lease for less. Dealer may not be combined with other offers. See your dealer for complete details. **Factory order or dealer trade may be required. ©The Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC, used under license. Δ2010 Chevrolet Malibu equipped with 2.4L ECOTEC I-4 engine and standard 4-speed automatic transmission. 2010 Chevrolet Aveo LS equipped with 1.6L DOHC I-4 engine and standard 5-speed manual transmission. 2010 Chevrolet Impala equipped with 3.5L V6 engine and standard 4-speed automatic transmission. Fuel efficiency ratings based on Natural Resources Canada's 2010 Fuel Consumption Guide. Your actual fuel consumption may vary. ◊US government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program. For more information on safety ratings, go to www.safercar.gov. 2010 Chevrolet Malibu received both a 5-star Rating for the driver and front passenger in the Frontal Crash Test and for front and rear seat occupants in the Side-impact Crash Test. Side-impact Crash Test rating is for models tested with standard head-curtain side-impact air bags. 2010 Chevrolet Aveo 5-door received a 5-star Rating for the driver and front passenger in the Frontal Crash Test. †Chevrolet Malibu LT Platinum Edition, MSRP with freight, PDI & fees $29,254. Chevrolet Cobalt LT Team Canada Edition, MSRP with freight, PDI & fees $21,119. Chevrolet Aveo 5-door LS Sport with UF1, MSRP with freight, PDI & fees $16,659. Dealers are free to set individual prices. ††Subject to Vehicle Redemption Allowances. Visit thegmcardca for more details including terms and conditions that apply to The GM Card Earnings and Redemption Program. The Toronto-Dominion Bank and its affiliates are not responsible for the GM Card Earnings and Redemption Allowance Program. ®Registered trade-mark of General Motors Corporation/Used under license. TD logo is a trade-mark of The Toronto-Dominion Bank. ▼▼To qualify for GM Canada's Cash For Clunkers incentive, you must: (1) receive Government confirmation of vehicle eligibility under the Retire Your Ride Program, supported by The Government of Canada, and turn in a 1995 or older MY vehicle that is in running condition and has been registered and properly insured in your name for the last 6 months (12 months in B.C.); or (2) turn in a 1995 or older MY vehicle that is in running condition and has been registered and properly insured under (i) a small business name for the last 6 months or (ii) your name for the last 6 months in B.C.; GM Canada will provide eligible consumers with a manufacturer to consumer incentive to be used towards the purchase/lease/lease of a new eligible 2010 or 2011 MY GM vehicle, excluding all Pontiac, Saturn, Saab and Hummer vehicles, Chevrolet Aveo, Corvette ZR1 and Medium Duty trucks; 2010 MY Chevrolet Cobalt and 2011 MY Buick Regal, Chevrolet Cruz and Cadillac CTS Coupe in an amount ranging from $750 to $3,000, depending on the model purchased. Incentive applied after taxes. GM Canada's Cash For Clunkers incentive is only available to customers who take delivery between July 1, 2010 and September 30, 2010, and may not be combined with certain other incentives available on GM vehicles. By participating in this program you will not be eligible for any trade-in value for your vehicle. See your participating GM dealer for additional program conditions and details. If you successfully complete the 'Retire Your Ride program, you will be eligible for a $300 cash incentive from the Canadian Government. Residents of Northwest Territories, Yukon or Nunavut are excluded from the Government's Retire Your Ride program and are therefore ineligible for GM Canada's Cash For Clunkers incentive. Some conditions apply. Visit www.autoconnect.ca.

ADRIAN WYLD/ THE CANADIAN PRESS FILE

▶ Bank of Montreal CEO Bill Downe says the bank's results "underline the benefit of the bank's diversified business mix."

BMO profit up, but less than expected

- Capital markets division facing challenges
- U.S. profits drop 27 per cent

The Bank of Montreal's third-quarter profit fell short of analyst expectations as trading activity on the stock markets hit BMO's capital markets division.

The first major Canadian bank to report its third-quarter results, BMO reported cash earnings per share of $1.14, about seven cents lower than analysts had estimated on average.

In the same period a year earlier, the bank reported net income of $557 million or 98 cents in cash earnings per share, a measure of cash-flow performance.

$669M

The Bank of Montreal's third-quarter profit, a 20 per cent increase over the same period last year.

Revenue was down slightly to $2.91 billion from $2.98 billion.

The bank's shares dropped 5.6 per cent in morning trading yesterday on the Toronto Stock Exchange, down $3.30 to $55.76.

BMO Capital Markets was hit particularly hard, with a 58 per cent decrease in profits to $130 million as it contended with lower trading revenues affected by the economic uncertainty out of Europe.

"The focus we are maintaining on helping our customers succeed and our strategic investments in businesses with good growth potential have translated into a solid year-over-year increase in earnings, adding to our already strong capital position," president and CEO Bill Downe said in a release.

THE CANADIAN PRESS

TOSHIBA

3-D TV with no glasses?

Japanese electronics maker Toshiba Corp. said yesterday it is developing technology for a 3-D television that won't require special glasses.

Company spokeswoman Yuko Sugahara confirmed such technology was in the works. But she declined to comment on a report in the Yomiuri newspaper that the Tokyo-based company plans to start selling the new TVs by the end of the year.

Mainstream 3-D TVs now on sale, such as those from rivals Panasonic and Sony, require glasses. But there are already screens that don't require glasses, mainly intended for store displays.

Yomiuri said Mitsubishi's technology involves transmitting different images at various angles to create an illusion of dimension and depth.

THE ASSOCIATED PRESS

Good Q2 for Nova Chemicals

Nova Chemicals had $51 million US in net income in the second quarter as revenue from continuing operations increased by nearly 58 per cent to $1.58 billion. The company, which is foreign-owned but has its major operations in Ontario and Alberta, says margins and demand for its products improved since the second quarter of 2009 when Nova lost $83 million. THE CANADIAN PRESS

IGGY'S SUMMER ROAD TRIP LACKS POP

Just sayin'

PAUL SULLIVAN

Whatever happened to Michael Ignatieff? Michael Who?

You know, Michael Ignatieff, the Liberal leader? That guy who always comes in second to Stephen Harper in the polls?

Well, he stopped beating his head against the polls and joined thousands of Canadians on that great summer migration — the classic road trip. While Harper is busy ripping up the long-form census, Ignatieff is pressing flesh and downing vats of coffee with real people from Mon Petit Choux Café in Nanaimo, B.C., to Rita's Tea Room in Big Pond, N.S.

So far, he has logged 33,399 kilometres on the Liberal Express bus and the tour isn't over yet. The Express zips through an ice cream stop in Magog and Captain Burger in Richmond, Que., before finishing up at Big Pond this Sunday. By the looks of his schedule, he's been to every Tim Hortons in the country, and if nothing else, should be eligible for a free box of Timbits.

It's grassroots, door-to-door campaigning. Only the scope is different. Instead of one constituency, Ignatieff has decided to visit them all. It's supposed to help him shed his aloof academic image, so Canadian voters no longer get him mixed up with John Ralston Saul, our other intellectual.

"Not a bad line, but we can expect good lines from (Michael) Ignatieff, whose byline is a fixture in the finest periodicals from Harpers to The New Yorker."

I'm not sure if it's working, but at least it's keeping him busy, which means he's not trying to form a coalition with the separatists (bad idea — maybe the worst ever). He even turned up in my neighbourhood the other day, the North Shore of Vancouver, where he managed to connect his own family saga (his grandfather was the Russian Czar's last minister of education. Come the revolution, the family fled to Canada) to that unpopular boatload of Tamil refugees causing so much fuss on the West Coast.

"We must always be a haven in a heartless world," he declared (twice for emphasis) and that received a slightly tentative round of applause.

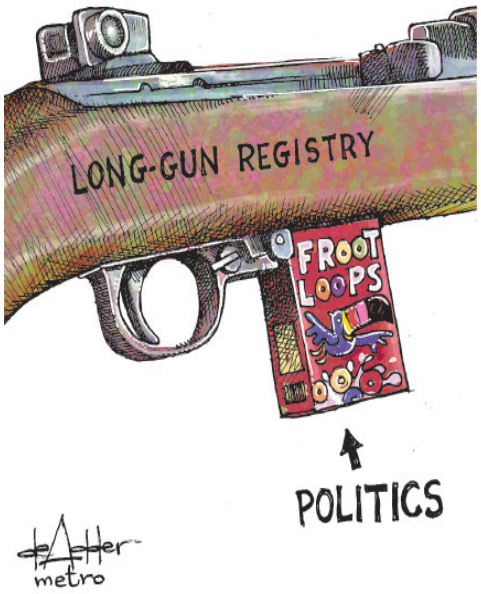
Not a bad line, but we can expect good lines from Ignatieff, whose byline is a fixture in the finest periodicals from Harpers to The New Yorker. What we're also getting, and perhaps didn't expect, is Ignatieff's determination to demonstrate he's ready to do the work and convince Canadians he's really one of us, one voter at a time.

What's missing is the message. Can't have everything. We may be closer to answering "Who is Michael Ignatieff?" But after nearly 34,000 kilometres, we're still a long way from "What is Michael Ignatieff?" never mind "Why?"

Cartoon

MICHAEL DE ADDER

Nothing in life is fair



Looking for seats

CANADIAN PRESS FILE

Letters & Tweets

DARTMOUTH. I read with interest the letter from Ian Dummigan regarding the Green party (Aug. 23). It is very interesting that he says Elizabeth May seems to have a distorted view of democracy since her party has never won a single seat in Parliament.

Democracy is changing. I personally have not voted for the Green party, but I can surely understand why the Greens would be upset. In the last election they received 6.78 per cent of the popular vote but didn't win any seats, while the Bloc, which ran in only one province, won 49 seats with only 10 per cent of the national vote and, therefore, have a disproportional influence on the government of this country.

No wonder there are so many Canadians wondering where the fairness is in our electoral system.

CARL ELLIS

Re: (Tamil) migrants not jumping the queue: Spokesman.

VANCOUVER. Once these people touched land, they were here to stay. They aren't leaving — we need to get over it.

We need to focus on the next time, take a stand and set a precedent. We need to show the world that you can't just bypass our laws because they are inconvenient.

S. PETERSEN

Coffee or tea? Why?

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Metro Minute at Temple Books

Yea, all ye denizens of the 21st century: Books still come in paper form. So plug your Kindle into the wall, and while you're waiting for it to recharge, take a leisurely stroll over to Stephen Temple Books at 489 Queen St. W.

Inside the unassuming exterior, you will find a museum of rare, out-of-print, and first-edition reads — many from the 19th century — you know, back when people still interacted with one another.

And for all you diehard Ralph Connor fans, the shop also houses one of the world's largest collections of Canadian literature.

Try getting that on your e-reader.

JORDANA DIVON

CONTRIBUTED

▶ Stephen Temple Books (489 Queen St. W.) has no fixed hours, so venture on a whim, or call ahead (416-703-9908) to make an appointment.

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2 scene

Piranha sequel coming

Prehistoric killer fish will get another chance to sink their teeth into audiences in an upcoming sequel to Piranha 3D. Dimension Films, which released the over-the-top thriller this past weekend, announced that part two is in the works. Piranha 3D didn't have a great opening, debuting in sixth place at the box office with $10.1 million. But it got an overwhelmingly strong critical reception, earning 81 per cent positive reviews on the Rotten Tomatoes website.

THE ASSOCIATED PRESS

At 93, prolific actor Ernest Borgnine is finding his fanbase just keeps getting younger and younger.

GETTY IMAGES

David Hasselhoff and Seth MacFarlane.

Comedy Central roasts The 'Hoff

It's been a while since the infamous video of David Hasselhoff chowing down on a floor-cheeseburger He's now finally willing to face the music

NED EHRBAR
SCENE@METRONEWS.CA

He's been the butt of a lot of jokes, but this time David Hasselhoff is getting in on the action. The former Knight Rider and Baywatch star put him in the hot seat for an old-fashioned roast by the good folks at Comedy Central, and Metro was there for every obscenity-filled cheeseburger reference. But the Hoff wasn't fazed.

"Honest to God, I wasn't acting at all. I couldn't stop laughing. My face hurts," Hasselhoff told Metro backstage after the taping. "After every one of the guys would come off, they'd say, 'You know I love you.' And it was really, really cool."

Hasselhoff went into the event with an open mind and a healthy amount of self-awareness.

"If you can't laugh about yourself and you hold things in and you take life seriously, that's when you have problems."
DAVID HASSELHOFF

The festivities were led by roast-master Seth MacFarlane, who opened with the question, "How do you make jokes about a joke? How do you put someone down when they are already lying shirtless on the floor?" The roast roster included Hulk Hogan, Jerry Springer and Pamela Anderson, among others.

The roast of David Hasselhoff airs this Saturday night on the Comedy network.

Deutschland

Another popular target was Hasselhoff's continued popularity in Germany, something he's less apt to poke fun at. "I don't care what people say, I really don't. I go over to Germany, and I've never had more fun in my life than being a rock star and singing. I sang on the Berlin Wall to a million people, and the song was called 'Looking for Freedom,' and I'll never, ever forget it."

Not a joke: Levi Johnston is running for mayor

Levi Johnston, the father of former Alaska Gov. Sarah Palin's grandson, has filed papers to run for office in his hometown of Wasilla, Alaska, next year.

Johnston filed his letter of intent Friday with the Alaska Public Offices Commission, a first step needed to begin campaigning.

The letter doesn't specify an office though Johnston's manager, Tank Jones, has said Johnston's interested in a run for mayor or City Council. He did not immediately return a message Monday.

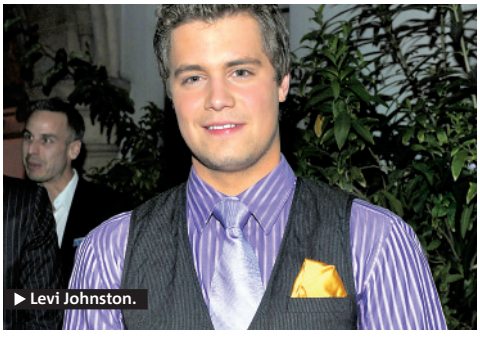
Wasilla is where Palin got her political start, first as a council member and then as mayor.

Earlier this month, Jones confirmed that Johnston planned to run for office as part of a reality TV show.

Johnston and Palin's daughter Bristol were thrust into the national spotlight in 2008, when Palin was making her vice-presidential run and the two were unwed expectant teens.

Johnston, 20, has had a prickly relationship with the Palin family since the birth of the son and has sought to capitalize on his notoriety, posing for Playgirl and hitting the Hollywood circuit. He and Bristol Palin recently broke off a short-lived engagement.

THE ASSOCIATED PRESS



Levi Johnston.

Klaxons not undone by UK's rumour mill

- British band releases follow up to Mercury Prize-winning album
- Despite concerns of producer, band not going the way of Limp Bizkit

GETTY IMAGES

▶ The songs on Klaxon's new album, Surfing The Void, have an immediacy guitarist Simon Taylor-Davis said.

CAM LINDSAY
SCENE@METRONEWS.CA

With success comes anticipation, and with anticipation comes all sorts of crazy, cooked up rumours. England's Klaxons can tell you a bunch of them. For instance, that their second album was rejected by the label for being "too experimental." Or that their producer Ross Robinson had turned them into a nu-metal band. Or, best of all, that they had entered the studio to record with hip-hop legend Dr. Dre.

"It's just one of those really horrible, confusing stories that got completely blown out of proportion."
SIMON TAYLOR-DAVIS ON THE LABEL FIRST REJECTING KLAXONS' SECOND ALBUM

"We seem prone to attracting rumours in England anyway," explains guitarist Simon Taylor-Davis. "I was never in a studio with Dr. Dre. That could have been a disaster, to be honest!"

Surfing The Void, Klaxons' follow-up to 2007's Mercury Prize-winning album, Myths Of The Near Future, is far from a disaster, to be honest. Yes, it was recorded with Ross Robinson, the "Godfather of nu-metal" and man behind albums by Korn, Limp Bizkit and Slipknot, but Taylor-Davis says they instantly clicked with the producer.

"For us, it was about his character and personality," he says. "We've always been about getting on with people, first and foremost, on a humane level, without worrying about whatever cool bands that person has produced before."

What some viewed as a gamble paid off for Klaxons. Surfing The Void is a metal-free, frenetic rush that marries strokes of mind-melting psychedelia and leftfield yet accessible pop choruses. The concept may be far out there, but Taylor-Davis says the immediacy of the songs represents both the band's and the audience's interests.

"There's always been a need to work very fast with us," he explains. "It's for the short attention spans of our generation."

Nu-rave

Back in 2006, Klaxons jokingly coined their music "nu-rave." The name stuck and launched a backlash-heavy movement that brought back fluorescent fashion and glow sticks. Taylor-Davis says he doesn't regret it though. "I have nothing but purely positive memories and things to say about that time."

The Audio Files

BRYAN BORZYKOWSKI
SCENE@METRONEWS.CA

CEE-LO RISES TO THE TOP THIS SUMMER

There's a quiet competition every July and August in the music world — which artist will have the song of the summer? Until last week there was one candidate: Katy Perry and her song California Gurls. But on Friday, the internet felt like it nearly exploded with all the chatter around Cee-Lo Green's new single F— You, which he released on YouTube. Many critics have heralded it as not only their favourite mid-year song, but the catchiest, most creative, song of the year.

The song really is as good as everyone makes it out to be, and it's a perfect example of what makes a great song — something I can't say about Perry's imitative hit single. Here's why it works:

It's catchy

Most artists try to write a song with hooks, but few pull it off. Right away the osng starts off right. Its bouncy piano riff leads into the singer's James Brown-like wail; the whole track is a warped version of a Jackson 5 song. It's full of ooos and ahs and while Perry's song has a catchy chorus too, it's more fun to yell out the f-bomb than "we'll melt your popsicle."

Smart lyrics

Words are often an after thought for most artists. Perry, in California Gurls' bland first verse says, "I know a place where the grass is really greener, warm, wet and wild there must be somethin' in the water." Contrast that to Cee-Lo's first verse — "I see you driving 'round town with the girl I love and I'm like f— you."

While he does say phrase 16 times, the vulgarities make sense — he's angry that another guy stole his girl. The song is hilarious, and as smooth as his Motown sound is, you can feel his anger.

It's creative

The song sounds and feels original. The kinetic R&B pop sound combined with the smart, funny (but not kitschy) lyrics, and a why-didn't-I-think-of-that video with only lyrics on a coloured background, took care and work to create.

When it comes down to it, it's not just talent that makes a song great. A catchy, thought provoking tune that's born out of painstaking work will, at least artistically, beat out a fluffy pop track churned out to make a label and artist rich, every time.

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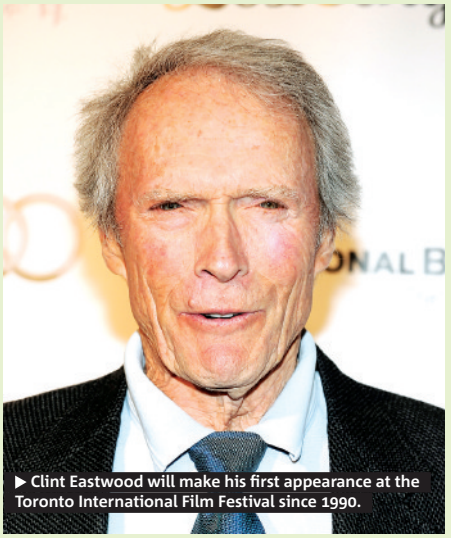

▶ Clint Eastwood will make his first appearance at the Toronto International Film Festival since 1990.

TIFF BRINGS OUT HOLLYWOOD'S ROYALTY

Heavyweight directors Clint Eastwood, Robert Redford and Woody Allen, and celebrities Robert De Niro, Bill Murray, Helen Mirren and Bruce Springsteen are among the galaxy of stars expected at next month's Toronto International Film Festival.

The festival guest list, announced yesterday, also includes Nicole Kidman, Natalie Portman, Catherine Deneuve, Carey Mulligan, Kevin Spacey, Jon Hamm and Matt Damon.

It's Eastwood's first trip to the festival since he was here in 1990 with White Hunter Black Heart. This time, the 80-year-old director will screen Hereafter, starring Damon as a blue-collar worker with a connection to the afterlife.

Springsteen's appearance is also sure to cause a frenzy. He's the subject of a documentary from Thom Zimny and is scheduled to chat onstage with actor Edward Norton about The Promise: The Making of Darkness on the Edge of Town.

The 11-day movie marathon opens Sept. 9 with the coming-of-age comedy Score: A Hockey Musical from hometown director Michael McGowan. It features '80s popstar Olivia Newton-John, who is also expected to attend the fest.

THE CANADIAN PRESS

How America treats its heroes

The Tillman Story examines the coverup of the death of NFLer turned soldier ◐ Family says government put public relations ahead of the truth

PHIL BROWN
SCENE@METRONEWS.CA

Director Amir Bar-Lev's latest documentary takes on the controversial figure of Pat Tillman, the polarizing NFL star turned Afghan War casualty who was killed by friendly fire despite what the military initially claimed. Bar-Lev presents Tillman's story and how his bereaved family was mistreated by the same government who made their son a martyr with a disturbing honesty that is sure to bring back uncomfortable feelings about the war.

"The greatest review that we got was when Pat's family told us that they were happy with the film," Bar-Lev told Metro.

Perhaps the most disturbing aspect of The Tillman Story is how much incriminating footage Bar-Lev was able to find. There are even scenes from a congressional hearing in which government officials ranking as high as Donald Rumsfeld lied about knowing the cause of Tillman's death and were not only cleared of taking responsibility, but weren't even properly questioned about the issue.

▶ Pat Tillman was a star player in the NFL, but he turned down millions of dollars to serve his country. In 2004 he died in a friendly-fire incident in Afghanistan.

"None of that footage was difficult to obtain, which in itself is a tragedy," said Bar-Lev. "When people see some of the clips that we have, they'll probably think that we got it from some Deep Throat garage in a paper bag or something. Nothing could be further from the truth. We got this footage from the mainstream press' archives. Why that stuff ended up on the cutting room floor of the major networks, I think speaks to one of the larger concerns that the film hopes to address."

"I think it's hypocritical as a society for us to turn our backs on what war is really about."
AMIR BAR-LEV

The Tillman Story is a remarkably honest portrayal of a difficult story. Though it might clearly be on the side of the Tillman family, the director only leaned that way after a great deal of research.

"I don't think that the job of a filmmaker is to sit and look at an issue and kind of bean count. You know, 'one fact for the Tillmans and one fact for the government,'" admitted Bar-Lev. "My job is to spend enough time with a story to gather an informed opinion. If somebody wants to present a different point of view, I'm willing to hear it. But until I'm convinced otherwise, I'll defend my opinion."

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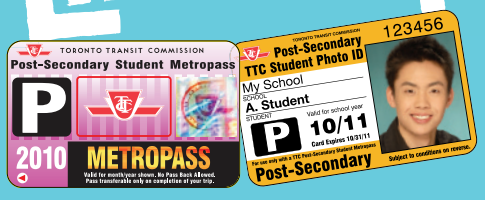

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Lies nearly led to Fantasia's demise

American Idol champ was devastated and 'numb' over accusations she broke up a marriage Singer rebounds with reality show, new album

American Idol winner Fantasia has a released a new album Back to Me.

Fantasia said she was so upset about allegations that she broke up a marriage she was ready to die.

"I felt like if that would have happened, I would have been fine with that — I would have been OK with that," she said in an interview with The Associated Press on Monday afternoon, nearly two weeks after she attempted suicide.

The former American Idol champ took a mixture of aspirin and sleeping pills after she was named in divorce papers as the cause of a couple's breakup. The 26-year-old said she was so devastated and upset about lies being spread about her that she couldn't function anymore.

"I had never experienced that — I was very numb," she said.

As for the accusations that she knowingly dated Antwaun Cook even though he was married with kids, she said he was already separated when they started dating: "I don't think I would stand for going in and breaking up somebody's home."

While she called Cook a good guy and a "great friend," she said they are no longer together, and haven't been for a while.

Fantasia shares some of her story on VH1's Behind the Music and a new season of her reality show Fantasia for Real debuts in September. She is hopeful the show will tell her side of the story: "The best way for me to clear my name is through my show," she said.

Her focus now, however, is on her album, Back to Me, out yesterday. She is in therapy, and said she's now better able to cope with her problems.

"I must say it was probably a blessing to be in the hospital," she said, adding: "It ain't time for me to go yet."

THE ASSOCIATED PRESS

Perry cleared of plagiarism

A U.S. federal appeals court has upheld a jury's verdict that actor-screenwriter Tyler Perry didn't steal material for his 2005 movie Diary of a Mad Black Woman.

Two years ago, jurors in East Texas found actress and writer Donna West failed to support her copyright infringement claim.

West appealed the verdict. The 5th U.S. Circuit Court of Appeals ruled Monday there was nothing improper in the way the trial was conducted.

West wrote a play titled Fantasy of a Black Woman that was performed three times in 1991 in Dallas. Perry testified his screenplay was an original work. The $5 million film grossed more than $50 million.

THE ASSOCIATED PRESS

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University Health Network

No more Mr. Nice Guy for Vartan

Why the go-to good guy wouldn't mind showing elements of his dark side How he tapped into more tragic material on HawthoRNe this year

AMBER RAY
SCENE@METRONEWS.CA
METRO WORLD NEWS

Television's resident nice guy Michael Vartan would love to break bad one of these days.

"Nice guys are so boring!" he laments. "I've been playing them for 20 years now. I feel so lucky to have played them, but c'mon. Let me carry a knife or something.

"Switch my stethoscope out for a chainsaw — a different kind of surgeon," he jokes.

That's not going to happen as the second season of Vartan's medical drama HawthoRNe comes to a close.

But as Dr. Tom Wakefield, the knight in white lab coat opposite Jada Pinkett-Smith's headstrong nurse Christina Hawthorne, Vartan has been able to mine the less-sterling aspects of his character after Tom suffered a potentially career-ending hand injury and was forced to re-evaluate his life choices.

"You can learn from extreme highs, but also from extreme lows," he says.

As far as playing that in a character, you just have to put yourself in those persons' shoes — what are the ramifications of this guy potentially never being able to operate again?

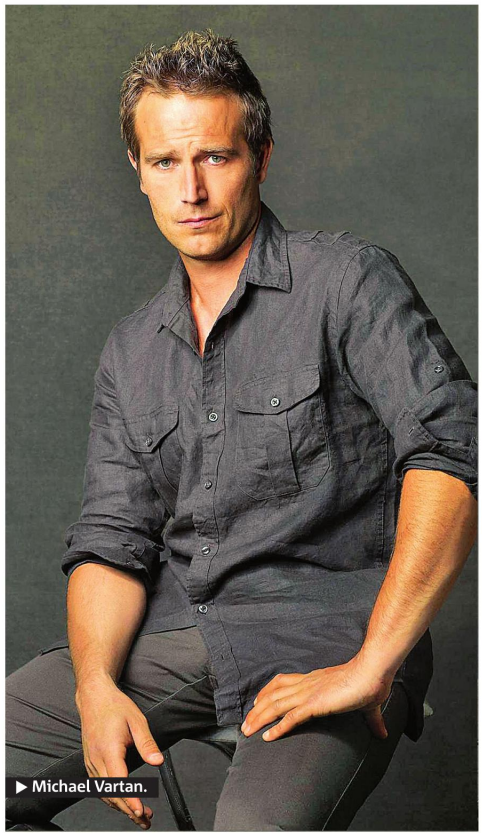
"Well, that would suck," the 41-year-old explains of his preparation for the role.

"People want to see ugly and messed up and completely chaotic and the overcoming of all that stuff," Vartan says,

"I'm all for Tom being a lot darker," he admits. "Make him an alcoholic, make him a druggie — turn hell loose on him!"

All kidding aside ...

Vartan, who starred in Alias and Monster-in-Law, may joke about the trajectory of his career, but he's pragmatic too: "This job came to me. They said, 'There's a medical show that we're interested in you for, and my first response was, 'No. I'm not interested.' ... And they said, 'Jada Pinkett-Smith is starring and executive producing,' and I said, 'I'm in.'"



▶ Michael Vartan.

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▶ Teresa Giudice, left, Caroline Manzo and Jacqueline Laurita star in The Real Housewives of New Jersey

Housewife hell

Season finale fizzles without much confrontation

The tables were safe on the season finale of The Real Housewives of New Jersey.

The sophomore edition of Bravo's reality TV drama concluded Monday with a tense exchange between Danielle Staub and Caroline Manzo, but neither woman flipped any furniture.

Throughout the second season, Staub tussled with sisters Caroline and Dina Manzo, their sister-in-law Jacqueline Laurita and family friend Teresa Giudice.

Giudice infamously attacked a table in last season's finale when the women confronted Staub about her alleged criminal past.

The confrontation between Staub and Manzo in was far less heated. Manzo lashed out at Staub, but the 47-year-old mother of two quickly departed after Manzo called her "garbage."

THE ASSOCIATED PRESS

TV watch list

Explosive hurricane

NEWS. This week marks the fifth anniversary of the Hurricane Katrina disaster. The investigative journalism series Frontline looks at claims that New Orleans police used lethal force against citizens during the hurricane, then tried to cover it up later

▶ **Frontline. PBS**

Questionable beauty

REALITY TV. On Jessica Simpson's The Price of Beauty, the pop star takes her celebrity hair stylist, Ken Paves, and her best friend, Cacee Cobb, to Ipanema Beach. They get a painful bikini wax, chat with a local model to learn about the culture of Rio, and meet with a woman who has had over 42 plastic surgeries

▶ **Jessica Simpson's The Price of Beauty MuchMusic**

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Metro interview

RAPID-FIRE FASHION

Do you like to wear basic black or bright colours?
Black — and white — for Meaghan Martin, maybe with a little salmon or orange thrown in; and Chloe Bridges prefers neutral tones of khaki and olive.

Stripes or plaid?
Stripes, definitely. Both of them.

Leather or denim jacket?
Bridges has dilemma with leather jackets: Every time she thinks she finds the perfect one, she'll find another one that's even better. On this day, however, she goes home with a jean jacket in her bag.

Martin would rather wear a boyfriend blazer — and that's just what she bought.

Flip-flops or sneakers?
"Do sandals count?" asks Bridges. Back in high school in New Orleans, she allows, she wore white Keds.

Martin likes dressier, leather flip-flops, not plastic ones — and Sperry Top-Siders.

Messenger bag or backpack?
Messenger bags, for sure. Bridges says she carried the same black one throughout high school. Martin had one, too, but switched to a leather tote somewhere along the line.

Preppy or skater?
At Martin's school in Las Vegas, the skater look was more popular than preppy, although her self-described "granny" style fit in better with the preps.

Bridges was preppy until she tried to make the switch to Vans and OP when she moved to California. "It didn't work out so well," she says with a smile.

THE ASSOCIATED PRESS

▶ Meaghan Martin, left, and Chloe Bridges, stars of Disney's Camp Rock 2: The Final Jam, discuss fashion trends while they shop at the Times Square American Eagle store in New York recently. The duo, friends in real life, took a tour of the busy Times Square store to point out their favourite trends of the season.

STEPHEN CHERNIN/THE ASSOCIATED PRESS

Denim or leather?

Camp Rock stars turn attention to fall fashion

Few things get Meaghan Martin and Chloe Bridges going like a little back-to-school shopping. Never mind, they say, that as 18-year-old TV stars, they won't be milling the halls of any school this fall.

"I am obsessed with back-to-school shopping," gushes Bridges. "I would circle everything I liked and dog-ear the catalogues."

Martin would wear new clothes, head to toe. "I would be all dressy and then, by the last day of school, I'd be in sweats."

As Tess in Camp Rock, Martin wears a lot of bold colours and '80s-influenced, in-your-face costumes. Martin says she won't be borrowing anything from the costume closet. Bridges' character Dana is a little more earthy, and the actress says it's similar to her personal style.

The duo, friends in real life, took a tour of the busy American Eagle flagship store in Times Square to point out their favourite off-screen trends of the season. For the expedition, Bridges wore khaki capris, a chunky off-the-shoulder sweater and high, caramel-coloured gladiator heels; Martin wore the skinny jeans that are the workhorse of her wardrobe with a cropped, caramel suede jacket and beige patent-leather pumps.

"I take trends with a grain of salt. Last fall we were told that skinny jeans were out, but I didn't stop wearing them."
MEGHAN MARTIN

"I like the walk that heels give you," Martin says. "They give you confidence." But, unlike Bridges, Martin doesn't wear them on a regular basis.

She is a fan of fashion, although she only takes a few shopping sprees a year. "But when I shop," Martin says, "I REALLY shop."

Martin's favourite look is lots of layers, noting racks of tiered tanks that featured a lacy inset on the back. She'd wear that with a plain, ribbed tank underneath and a cardigan on top.

"I take trends with a grain of salt," Martin says. Last fall, we were told that skinny jeans were out, but I didn't stop wearing them."

Bridges' go-to piece is the button-down shirt, maybe a little wrinkled so it doesn't look too perfect or stuffy, but she's generally more comfortable in something a little more tailored than slouchy. "I feel uncomfortable in a sweatshirt. How ironic is that?"

You'll find her at the mall more often than Martin, but she's more of a grazer. "I'll go often and not buy anything. Sometimes I'll see something I like on a mannequin and realize I have something like it at home."

THE ASSOCIATED PRESS

Disney fun

- Meghan Martin and Chloe Bridges are two of the fashion-concious teens in Disney Channel's new Camp Rock 2: The Final Jam.

Woody Allen bemoans New York

Woody Allen says he began shooting movies in European cities because he couldn't afford to do so in New York.

However, the film director told reporters in the northern Spanish city of Oviedo that he finds Manhattan poses fewer limitations than European cities, where more tailoring of the story is required to fit the location.

"I've made films in many cities — London, Barcelona — where the people are very polite and courteous. You think to yourself, Oh God, this is a pleasure"
WOODY ALLEN

"For some reason I've always had an irrational love for New York," he said. "There's no reason that you would necessarily like it on paper. It's very expensive. Very little of it works. I've made films in many cities — London, Barcelona — where the people are very polite and courteous. You think to yourself, Oh God, this is a pleasure. And New York is nothing like that. But the city is so full of chaos, and the chaos is, for many people, pleasurable."

Allen was in Spain Tuesday to attend a premiere of his last film, You Will Meet A Tall Dark Stranger in the nearby town of Aviles.
THE ASSOCIATED PRESS

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▶ Jean Renel Senatus, center, lawyer of Haitian-born hip hop singer Wyclef Jean talks during a press conference in Port-au-Prince, Haiti.

Wyclef vows to fight on

Hip hop singer calls on political supporters to mobilize on decision

A lawyer for hip hop singer Wyclef Jean said yesterday that the star will appeal to the Haitian courts, the country's elections board and even international election monitors in an attempt to be included on the Nov. 28 presidential ballot.

During a news conference yesterday, Jean Renel Senatus told reporters that his client "wants to take this case to the end."

Jean, who was born in Haiti and left with his family to New York when he was 9, maintains that he meets the necessary residency requirements to run for president.

Last week, the country's elections board barred Jean's candidacy.

The board did not give a reason for the rejection.

Although Jean and his lawyers have said they will appeal in court, paperwork has not yet filed.

It is also unclear if an appeal is even possible under Haitian law; the elections board said there is no legal mechanism to appeal a decision.

In a radio address in Creole — one of Haiti's official languages — Jean said the election board used "trickery" in rejecting his candidacy and asked his supporters to mobilize against the decision.
THE ASSOCIATED PRESS

New kind of 'sham marriage'

A Mexican-born actress and her musician husband lied about their marriage to immigration officials so she could stay in the U.S., a federal prosecutor told prospective jurors yesterday.

In his opening statement, Special Assistant U.S. Attorney James Left showed a picture of Fernanda Romero and Kent Ross on their wedding day but said the appearance was deceptive.

"There was a real ceremony but nothing else about it is real," Left said.

"It was a sham marriage."

Romero, a singer, actress and model who has attained moderate fame in her homeland, and Ross, a musician and manager of a pizza delivery business, have each pleaded not guilty to charges of marriage fraud and making false statements.
THE ASSOCIATED PRESS

Lohan gets an early rehab exit?

- Lohan camp reportedly got a doctor to sign off on early release
- Probation hearing called

GETTY IMAGES

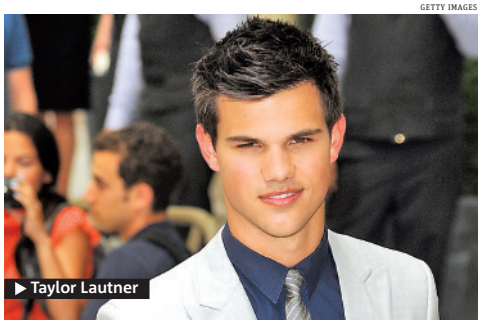
▶ Lindsay Lohan

Radar Online reports Lindsay Lohan signed her discharge papers and that it was possible she could be released from rehab as early as last night.

Before this development, Lohan's lawyer was headed to a probation modification hearing today to argue that Lohan should be released from rehab early, according to Radar Online. Lohan's camp reportedly has testimony from doctors at the UCLA Medical Center stating that she does not need more than 30 days of rehab, let alone the court-ordered 90 days.

"It is hard to find a doctor to recommend somebody get out of treatment early, nearly impossible actually," a source from another rehab facility tells the Web site. "Kudos to the Lohan camp for making it happen." METRO

GETTY IMAGES



▶ Taylor Lautner

Lautner howling mad over RV

Taylor Lautner is suing a motor home dealership for "emotional distress" and "annoyance" after the dealership failed to deliver a $300,000 RV, according to Popcrunch.

The 18-year-old Twilight star — and the highest-paid teen actor in the industry — was hoping to have the customized vehicle in time for filming of his new thriller, Abduction, being shot in Louisiana.

He is suing the company for breach of contract and fraud.

Lautner is seeking unspecified damages. METRO

Douglas won't delay his latest legal fight

GETTY IMAGES

▶ Michael Douglas

Despite his battle with throat cancer, Michael Douglas has no interest in delaying his legal dispute with ex-wife Diandra Douglas, according to Page Six.

Diandra, who is seeking a share of royalties for the upcoming Wall Street: Money Never Sleeps, offered to postpone the case while Michael gets treatment.

"Michael declined," a source says. "He wants to get this over with as soon as possible." METRO

Talking points

George Michael cops to pot use

SHOCK AND AWE — A CELEB WHO USES POT George Michael pleaded guilty to charges he was driving while intoxicated earlier this summer in London, admitting he was under the influence of cannabis when police found him behind the wheel of his Range Rover after driving it into a shop, according to Reuters.

The singer will return to court for sentencing Sept. 14 and may face jail time. METRO

Carey denying prego rumours

I'M NOT PREGNANT. NOW WHERE ARE THE PICKLES AND ICE CREAM? After avoiding cameras and public appearances for months, Mariah Carey is fighting off renewed pregnancy rumors, according to AHN.

The singer was photographed in Brazil looking fuller-figured and wearing loose-fitting clothing before hitting the stage for a concert.

She furthered pregnancy speculation after the show by posting on Twitter, "Tonite was tuff for me 4 personal reasons, but u got me thru (sic)!" METRO

Celebrity tweets

Nick Cannon [@Nick-Cannon]
How do I stop people from hacking into my twitter?! I'm tired of changing my password everyday!

Russell Crowe [@russell-crowe]
9.16, bed time inthe bush,i'll wake when it's still dark so i can have a cup of irish tea and watch the world and the wallabies stretch.

Sandra Bernhard [@Sandra-Bernhard]
it's a full on new york morning construction on the corner, the union busting it across the street, complete with pile driver and whistles

Lily Allen [@lilyrose-allen]
@Perez-Hilton mr hilton, you must come to one of my dinner parties next time you're in london and ill be sure to serve you up a big helping.

METRO

THIS WEEK AT THE EX!

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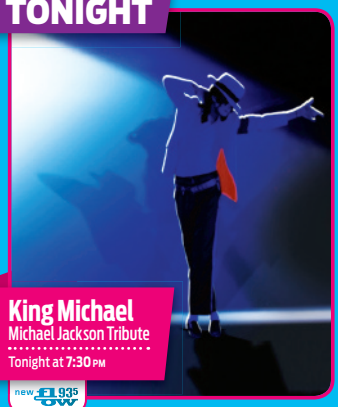

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DIVE IN

There's always more to see in Grand Cayman

The Cayman Islands: Three jewels floating in the Caribbean Sea. Set foot on the sparkling beaches of Grand Cayman, the largest of the islands, and you'll feel like everything you need is at your fingertips. But this is only the surface. Grand Cayman, Cayman Brac, and Little Cayman form the visible top of the Cayman Ridge, a vast undersea mountain range. And not far to the south is the Cayman Trough, the Caribbean's deepest point, plunging over 6 km (4 miles). If a day on the sand is truly all you're after, Grand Cayman will meet your needs—but more awaits you below the waves.

GO DEEP

Grand Cayman is one of the planet's foremost diving destinations. At a depth of no more than 3.5 m (12 ft) you'll find Stingray City, a peaceful spot where divers of all skill levels can interact with Southern Stingrays, a harmless fish willing to eat from a tourist's hand. If you're more experienced—and adventuresome—choose from over 150 other dive sites, some boasting walls of colourful coral, others sunken wrecks, and all teeming with fearless marine life.

COME UP FOR AIR

When you're done your day of diving (not to mention kayaking, windsurfing, banana boat riding, sailing, parasailing, submarining, water-skiing, and dozens of other waterborne adventures), it's time to explore Grand Cayman's terrain. A tour of the 197 km2 (76 sq. mi.) island yields much: the crescent-shaped Seven Mile Beach, renowned for its beauty; the Mastic Trail, a footpath through the woodlands; historic walking tours of central George Town, the capital of the Cayman islands; and the Blow Holes: caverns of rock that spout water high in the air. The caverns make a great photo-op, and they might get you thinking about your next island adventure…

> Grand Cayman is one of the planet's foremost diving destinations.
>
> ~

The Blow Holes of Grand Cayman spout ocean water high in the air

One of Grand Cayman's many dive boats: your gateway to marine exploration around the island

Stingray City' introduces divers to some of Grand Cayman's memorable marine wildlife

GO DEEPER STILL

Caving is another tourist favourite on the Cayman Islands—the terrestrial caves of Cayman Brac are legendary. But in Grand Cayman, the sea always beckons. The chance to explore the underwater caves and labyrinthine tunnels of Eden Rock and Devil's Grotto will have you back in your wetsuit before the sun has set. Just keep your eyes open while you're down there. The deeper you look, the more fascinating Grand Cayman becomes.

Photos: Cayman Islands Department of Tourism

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Thousands expected to attend annual Le Festival de la Poutine event, dedicated to Quebec culinary staple poutine The two-day event takes place on Labour Day weekend in Drummondville, a city of 67,000 located about an hour outside of Montreal

PETER MCCABE/THE CANADIAN PRESS

▶ Vanessa Roy tops off a container of French Fries with a liberal amount of cheese curds before a topping is chosen at at the Le Festival de la Poutine in Drummondville, Que.

▶ A container of French fries gets a customary chicken veloute sauce poured over its white cheddar cheese curds.

Drummondville: Poutine's Quebec birthplace

If you've ever been to La Belle Province, chances are you've dug into a messy heap of fries, cheese curds and sauce — the Quebec culinary delight called poutine.

But no one makes it quite like they do in Drummondville, Que., considered the birthplace of the concoction about four decades ago and home to Quebec's only Festival de la Poutine.

The dish has changed considerably in recent years with everyone adding their own twist, but if you've ever wanted to dig into authentic poutine and catch some great live Quebec bands, the two-day event taking place on Labour Day weekend is the place to be.

"(This) is the ground zero of poutine, if you want to eat it the way it was originally made, that's the place to go"
BOB RUTLEDGE, A PROFESSOR OF ASTROPHYSICS AT MCGILL UNIVERSITY

"That (region) is the ground zero of poutine, if you want to eat it the way it was originally made, that's the place to go," says Bob Rutledge, a professor of astrophysics at McGill University and California native who fell in love with the Quebec dish upon moving here.

Rutledge, who runs the website montrealpoutine.com, says one reason to go to Drummondville is for the one-of-a-kind poutine sauce originating from the region.

"The sauces that appear to have been invented in that area are not what you find in say Montreal or Quebec City," said Rutledge.

Restaurants in the Drummondville region traditionally add a tomato puree to their sauce that makes it sweeter and gives it a distinctive taste over the Montreal variation made with a dark-brown, often chicken-based gravy.

That sauce – an aurora sauce – isn't used anywhere else and often catches people from outside the region by surprise.

"It brightens it and it causes it to be somewhat sweeter and it's a very particular taste and a very particular flavour," Rutledge says. THE CANADIAN PRESS

If You Go

Festival de la Poutine is held Sept. 3 and 4 at Woodyatt Park, 19 rue du Pont, in Drummondville, Que., about an hour outside Montreal.

- **Doors open at** 5 p.m. on Friday and 3 p.m. on Saturday, until 11 p.m. both nights. The poutine is dished out all night.
- **Tickets are $20** for one day or $25 to attend both days. Children 12 and under are free.
- **On the web:** festivaldelapoutine.com

THE CANADIAN PRESS

3 life

Behind the Seams

Designs: Past and present
Fashions created by some of Quebec's leading designers, past and present, have been put on display at the Montreal Eaton Centre in an exhibition that borrows several garments from the collection of the Museum of Costume and Textile of Quebec. Behind the Seams includes the creations of some 20 designers, including "legendary outfits" from the 1960s by Michel Robichaud and Raoul-Jean Foure as well as contemporary items such as a dress by Marie Saint Pierre and a Joseph Helmer jacket, organizers say.
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Museum of Civilization to unveil mural depicting images of Quebec.

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Viva Vallarta
Mexico's scenic resort town

Where the spectacular peaks of the Sierra Madre meet the azure blue waters of Banderas Bay lies Puerto Vallarta From the welcoming beaches to the family-friendly adventures to the vibrant nightlife, this place was made for non-stop enjoyment

Beach excursions in Puerto Vallarta include Kayaking, snorkeling and banana boat rides.

On Mexico's Pacific coast, where the jungle-filled slopes of the Sierra Madre Mountains meet the glistening waters of the Banderas Bay, lies the scenic resort town of Puerto Vallarta.

Just a few hours away aboard an Aeromexico Airlines flight, Puerto Vallarta's welcoming beaches, wide array of family-friendly activities, and vibrant nightlife make it the perfect vacation spot both for adventure seekers and those who just want to lay back and bask in the sun.

Where I'd stroll

Tourists and locals alike can be found walking the boardwalks and cobblestone streets of Puerto Vallarta's bustling downtown, called El Centro. The area features boutiques and craft shops to browse, artwork to admire, and plenty to eat, from delicious street food to more upscale fare. In the evening many of the restaurants turn into nightclubs where you can dance the night away.

What I'd eat

Tacos and quesadillas make for great Mexican snack food, but authentic Mexican cuisine goes well beyond burrito borders. Foodies can visit local favorites such as Trio (triopv.com) and El Arrayan (elarrayan.com.mx) to sample some of the best dishes Puerto Vallarta has to offer, including lobster and shrimp-filled paella, braised pork leg, and a variety of fresh seafood ceviches.

Where I'd do my best Captain Jack Sparrow impersonation

The Marigalante Pirate Ship (piratesofthebay pv.com) offers a full day of swashbuckling fun. Activities on board include a kid-pleasing pirate show, tons of contests and photo ops, breakfast, lunch, and an open bar to keep the adults entertained. A beach excursion includes kayaking, snorkeling, and banana boat rides, all supervised by the talented and attentive pirate staff. The trip costs $85 US for adults; kids under 12 go free during the morning excursion.

How I'd get around, part 1

Via speedboat. The beach hideaway of Las Caletas is so remote that it's only accessible by boat. Luckily, Vallarta Adventures (vallarta-adventures.com) provides thrilling, Miami Vice-style transportation to take you there breezing through the water at 40 miles per hour.

Once ashore, you can hang out with wildlife including parrots and monkeys, take a yoga class or a nature walk, swim with sea lions, or simply swing from a hammock and sip a cocktail.

How I'd get around, part 2

Via ATV. To take in the most panoramic views in the Sierra Madres, there's only one way to go. The staff at Green Zebra Adventures (gogreenzebra.com) will teach you to ride a Tomcar, an easy-to-drive vehicle that's made for off-roading, effortlessly handling steep hills and rugged jungle terrain. Be warned: the scenery as you progress through the mountains is beautiful, but your clothes won't be. Come prepared to get down and dirty!

How I'd Unwind

After all that activity, relaxation is key — this is a vacation, after all! Catch some rays poolside at the Westin Hotel, tamarind margarita in hand. After a day lounging in the sun, dine by candlelight at the hotel's beachside restaurant, then retire to the plush and pristine white bed that comes standard in every Westin room.

For more information: visitpuertovallarta.com.

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▶ In addition to its breath-taking beaches, Puerto Vallarta has a bustling downtown, called El Centro.

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The real dirt on winemaking

Four free self-guided walks of California vineyards leave elitist perceptions of wine behind

ERIC RISBERG/THE ASSOCIATED PRESS

▶ Jessica Heing, left, and winemaker Clay Mauritson walk along a trail through vineyards at Mauritson Wines in Healdsburg, Calif. The Mauritson tour is one of four self-guided walks organized through the Sonoma County Winegrape Commission.

They say great wine is made in the vineyard. Now some vintners are inviting guests to check that out through walking tours aimed at giving the real dirt on winemaking.

"One of the challenges facing the industry is there is this elitist perception of wine," says Clay Mauritson, winemaker at Mauritson Winery, which offers vineyard tours. "I just see a huge benefit to getting people in the vineyard and showing them how the wine is made."

The Mauritson tour is one of four self-guided walks put together with the assistance of the Sonoma County Winegrape Commission. (The other three are Paradise Ridge Winery, Balletto Vineyards and Matanzas Creek Winery). The tours are free and visitors get information sheets pointing out various sights along the way; tasting room fees vary.

Trails are clearly marked with stopping points to look at various features, such as the Mauritson wind machines used to protect grapes from frost during the winter. (The fans draw in and circulate warmer air). Different types of vines are pointed out, as well as the environments they like to live in — heavier, richer soils for Sauvignon Blanc, for instance, or gravelly dirt for Cabernet Sauvignon.

"It's a passive education," says Mauritson. "When they notice those things, what they're really doing is the essence of viticulture. You're not shoving it down their throat with hoity-toity wine talk. You're really letting them find out."

Amy Hoseth, a librarian from Fort Collins, Colo., who recently took the Mauritson tour with her husband, Chad, appreciates the low-key approach.

"I'd never seen grapes growing before, so it was cool to see how it all works," she said.

If you go

Self-guided walks:

- **Kunde Family Estate:** 9825 Sonoma Hwy., Kenwood, Calif.; kunde.com or 707-833-5501. Online registration available, fees range from $25 for hikes with tastings to $45 for dog hikes with lunch, and $60 for a special harvest hike, including lunch, Sept. 11.
- **Mauritson:** 2859 Dry Creek Road, Healdsburg, Calif.; mauritsonwines.com or 707-431-0804. Walks are free. No reservation required, but call ahead to check on weather conditions. Tasting room fees vary.
- **Sonoma Country Self-Guided Tour:** sonomavineyardadventures.com/
- **Rubicon Estate:** 1991 St. Helena Hwy., Rutherford, Calif.; rubiconestate.com or 707-968-1100. Vinifera tour $45, includes tasting. Reservations recommended.

THE ASSOCIATED PRESS

The couple visited a few wineries, including one where they took a tram ride through the fields, which they also enjoyed, but "it was just kind of fun to get out there and walk around." At the end of the tour, the couple got to stand near the crushpad and watch wine being bottled, a bonus peek into the world of winemaking.

Sonoma County isn't the only region inviting visitors to get up close and personal with the vines.

In next-door Napa Valley, Rubicon Estate — the historic Inglenook Winery painstakingly restored by director Francis Ford Coppola — has a variety of tours including a 45-minute Vinifera walk.

"This journey begins where our wine begins, in the vineyard, and that really was the impetus for us to do this," says Catherine Durand, senior director of retail operations at Rubicon.

THE ASSOCIATED PRESS

▶ Chairs and an umbrella are shown next to a walking path that runs through the vineyards at Mauritson Wines.

The Vinifera tour, which costs $45 and culminates with a tasting of five wines, is guided and may take longer than 45 minutes depending on what people in the group want. "We ask guests, 'How much of this do you want to learn?'" says Durand.

If you're looking for some serious leg-stretching, Kunde Family Estate, also in Sonoma County, has tours ranging from fairly short walks where dogs are welcome to moderately strenuous hikes that last up to four hours.

"We get people into our vineyards, show them our sustainable farming practices; they see beautiful vineyards. Our whole concept is to get people in the vineyards," says Jeff Kunde. "Everybody can see what estate wine is all about."

Registration is online and tours fill up promptly.

Tiptoe through the tulips? That's so yesterday. Now you can prance past the Pinot Noir.

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▶ All along the winding Red River, hundreds of miles from the oil spill, come and dally in the Louisiana bayou wetlands, just you with the bullfrogs, catfish, crawfish and alligators — and in places like Shreveport, with a few riverboat casinos too.

Louisiana: So near, yet different

Taste the Cajun bean chowder and feel the presence of historical greats like Tennessee Williams You will feel like family in the sunny state

From fun-filled Shreveport in the north, down the Mississippi tributaries to New Orleans in the south, Louisiana is central to the very heart of our North American continent, and yet everything about it is so different.

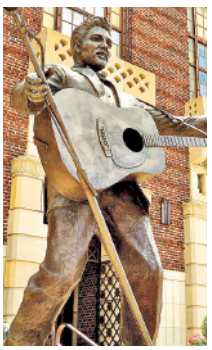
So if you like to travel for a most interesting cultural exchange, don't miss this:

...All along the winding Red River, hundreds of miles from the oil spill, come and dally in the bayou wetlands, just you with the bullfrogs, catfish, crawfish and alligators — and in places like Shreveport, with a few riverboat casinos too. Daydream amongst the willowy wild grasses as your raft floats silently from one plantation to another.

Breathe the country air and summon the imagery of a cotton-growing history as you glide in the shade of Spanish oak and sassafras, but mostly as you feel the long and strong rays of sunlight on your skin. Taste the Cajun bean chowder, corn bread and hushpuppies, the fish fries, spicy gumbo, and the monstrous meat sandwich they call, muffuletta. When floating, cruising, walking, or driving, be sure to stop on every trail to feel the presence of Tennessee Williams, Truman Capote, Huey Long, Louis Armstrong, Aaron Neville, Wynton Marsalis, Andrew Jackson, riverboat captain Samuel Clemens — and of equal intrigue to Canadian travelers, do note all the francophone place names here like Jeanerette, Bossier, Baton Rouge, Metairie, Lafayette, and more. This enduring French connection is a living tribute to 17th century navigators who mapped the entire river system from the St. Lawrence of New France across half a continent and then down the middle of it to New Orleans.

You will be made to feel like family in Louisiana, a sincerely sunny style that has even charmed the hearts of Hollywood. Actors and directors are buying getaway homes here, especially in the north, which in turn, has created a Louisiana film industry so robust it ranks a whopping third in production behind only California and New York. But perhaps above all, do allow your own spirit to sing and dance in the very place where African beat music created what we now call jazz — and indeed, where ragtime, rhythm 'n blues, rock 'n roll were born. NEWS CANADA

Birth of the King



Well, okay Elvis wasn't born in Louisiana, but his superstardom was.

- **It all began in** October of 1954 at The Louisiana Hayride, a live-audience radio show staged and broadcast every weekend at the Municipal Auditorium in the trendy town of Shreveport. An unknown, 19-year-old singer named Elvis Presley was just one of a dozen acts in the two-hour line-up.
- **Today, in the auditorium** that has not changed, visitors can spend hours re-living the moments where every Saturday night for a full two years, Elvis Presley did his thing to slowly make the world go crazy.
- **The seminal** "Elvis has left the building!" originated in Shreveport. He did not leave the building of the international airport however — but in case you miss those photos, once you get to the roadway in front of the Municipal Auditorium and see the eye-popping iron statues of Elvis and his base guitarist James Burton, it will confirm without a doubt that if you're an Elvis fan, you have come to the right place. NEWS CANADA

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A renaissance in rail travel

All aboard — VIA's Capital Investment Program ushers in new era

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With ridership increasing and millions of dollars in new infrastructure funding fast-tracked, more and more Canadian travelers are being welcomed aboard to a new era in train travel.

Over the last few years the demand for VIA Rail services has grown steadily as travelers have increasingly turned to train travel as a safe, hassle-free and environmentally responsible alternative to congested roads and airports. In fact, in 2008, VIA safely transported 4.6 million passengers — the most since 1989 — and set an all-time record of $299 million in revenue.

"The popularity of train travel is certainly increasing and lots of people are not only travelling for tourism purposes"
STEVE DEL BOSCO, VIA RAIL CANADA'S CHIEF, MARKETING AND SALES

Via Rail's ridership numbers are expected to increase as higher fuel prices, environmental concerns and chronic road congestion continue to rise.

"The popularity of train travel is certainly increasing and lots of people are not only travelling for tourism purposes," said Via Rail Canada's Chief, Marketing and Sales, Steve Del Bosco. "On the early trains, we're seeing a significant increase in people using the train to actually commute to work and we're seeing this more frequently."

VIA is counting on even more people foregoing planes and vehicles in the near future thanks to the $407 million in new federal funding announced in the 2009 stimulus budget. That's in addition to $516 million — the largest capital investment in VIA's history — allocated in 2007 to help strengthen and improve passenger rail in Canada.

"VIA's Capital Investment Program is helping us rebuild locomotives and make improvements to rail cars and stations and modernize our technology to make sure service to customers is improved every year," added Del Bosco.

A significant portion of the capital expenses will be devoted to infrastructure improvements in VIA's busiest market, the Quebec City-Windsor corridor. Improvements at crucial locations will help eliminate delays caused by traffic congestion and will increase track capacity, which will enable us to operate passenger trains at higher average speeds, reduce trip lengths, and offer more frequent service.

Over the next several months over 140 projects will be carried out in 62 stations across the country with completion slated for 2011. **NEWS CANADA**

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Departs Sep 17/vat/ts. ADD two children age 2-12 years for $99 each plus taxes.

Los Cabos 7 Nights 5-Star $590
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Royal Decameron + taxes & fees $246
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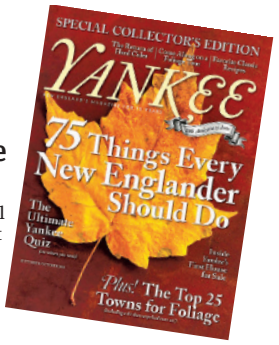
Yankee mag celebrates 75th



Latest issue names Kent, Conn., population 3,000, best town in New England for fall foliage

Yankee magazine has been celebrating New England for three-quarters of a century, but even after all these years, there's still room for surprise.

In its 75th anniversary issue, on newsstands this week, the magazine named Kent, Conn., population 3,000, the best town in New England for fall foliage. Kent trumped better-known destinations on Yankee's list such as Stowe, Vt., Camden, Maine, and Amherst, Mass., for the honour.

"It was really cool, frankly, to be able to say that the best place to go for the foliage experience might be a place you never thought to go," said Yankee magazine editor Mel Allen. "It's not what we expected."

The leaf-peeping destinations, showcased in Yankee's September-October issue, were judged in 14 categories — fall colour, scenery, vistas, water, drives, hikes, culture, farmers markets and farmstands, orchards, parks, covered bridges, whether they are "uncrowded," shopping, and a final combined category for food and lodging. Kent scored 58 points out of a possible total of 70 (zero to five points per category, as determined by Yankee staff).

"Kent came out higher than any other town," said Allen in an interview. "It has one of the nicest scenic drives, Route 7; the Appalachian Trail cuts right through town; it has the Housatonic River and some of the best antiquing in New England, plus a famous inn," the Inn at Kent Falls.

He said Yankee, which is based in Dublin, N.H., devised the point system to include a variety of attractions and amenities because "the foliage experience is not just getting in your car and driving for 30 miles for pretty roads and stopping and taking photographs. The experience has to do with having picnics and going to farmstands. Yes, the scenery, but also the culture. Maybe there is an orchard, a restaurant, a covered bridge, a beautiful museum. You're not just using your eyes."

The town of Kent had no advance warning of the honour.

THE ASSOCIATED PRESS

Do you agree with Yankee magazine? Tweet us at @metrotoronto

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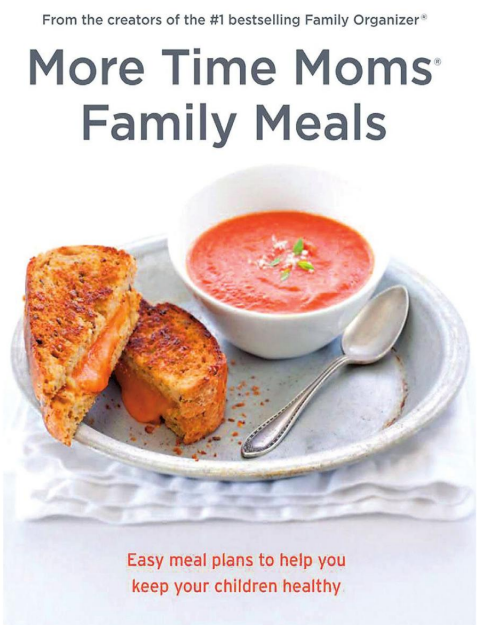
Menus and recipes for parents all in one book



As the school doors open for another year, there is no lack of advice for parents on preparing box lunches for their children

Joanne Lalonde Hayes experienced the challenge of filling her kid's lunch box every day and in 1993, she founded a publishing company to help parents juggle the demands of busy careers and the many activities in their children's lives.

The company, More Time Moms — based in her hometown of Aylmer, Que. — has just released a new publication with added tools to "organize, reduce and simplify the work involved in feeding your children."

The cookbook is More Time Moms Family Meals: Easy Meal Plans to Help You Keep Your Children Healthy.

Lalonde Hayes has designed the book as "a simple guide, a tool to help take the work out of and put the fun into family mealtime."

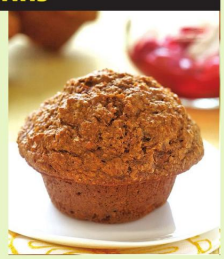
While this may seem like a pipe dream for busy working parents, especially women who often bear the brunt of performing endless household tasks, she feels she has succeeded in her goal of offering some simple solutions.

The book provides six weeks of healthy menus, 126 recipes and complete weekly grocery lists.

She has added ideas and recipes for snacks to help children control their blood sugar. This can allow them to eat five to six small meals a day, which is recommended by health professionals.

THE CANADIAN PRESS

Carrot Bran Muffins



Ingredients :

- 375 ml (1 1/2 cups) whole-wheat flour
- 375 ml (1 1/2 cups) natural bran
- 75 ml (1/3 cup) brown sugar
- 50 ml (1/4 cup) ground flaxseed
- 10 ml (2 tsp) baking soda
- 7 ml (1 1/2 tsp) ground cinnamon
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) ground cloves
- 1 ml (1/4 tsp) ground nutmeg
- 250 ml (1 cup) finely grated carrot
- 2 eggs
- 375 ml (1 1/2 cups) 2 per cent milk
- 50 ml (1/4 cup) unsweetened apple sauce
- 50 ml (1/4 cup) canola oil
- 30 ml (2 tbsp) lemon juice

Preparation:

1. Preheat oven to 200 C (400 F) and prepare a 12-cup muffin pan with baking spray.
2. In a mixing bowl, combine whole-wheat flour, bran, brown sugar, flaxseed, baking soda, cinnamon, salt, cloves and nutmeg.
3. Toss grated carrot into this dry mixture.
4. In a separate bowl, beat eggs thoroughly. Add milk, apple sauce, oil and lemon juice to beaten eggs. Beat until thoroughly combined.
5. Combine mixtures until just mixed.
6. Spoon batter into prepared muffin pan, dividing evenly. Bake for 20 minutes. Let cool slightly in pan before lifting muffins to a cooling rack.

THE ASSOCIATED PRESS

Yummy cookies, gluten-free

These chocolate chip cookies would be ideal for school children with an allergy to gluten In this recipe, regular flour is replaced with almond flour

With school days just around the corner, it might be a plan to bake up a batch or two and store in a tightly covered tin to pack for lunches on hectic mornings.

Preparation:

1. In a large bowl, combine almond flour, salt and baking soda. In a medium bowl, combine grapeseed oil, agave and vanilla.
2. Stir wet ingredients into almond flour mixture until thoroughly combined. Fold in chocolate chips and almonds.
3. Spoon dough 15 ml (1 tbsp) at a time onto a parchment paper-lined baking sheet, pressing down with a fork to flatten.
4. Bake for 7 to 10 minutes, until lightly golden. Let cookies cool on baking sheet for 20 minutes. Store in an airtight container.

THE ASSOCIATED PRESS

Ingredients :

- 625 ml (2 1/2 cups) almond flour
- 2 ml (1/2 tsp) salt
- 2 ml (1/2 tsp) baking soda
- 125 ml (1/2 cup) grapeseed oil
- 125 ml (1/2 cup) agave nectar
- 15 ml (1 tbsp) vanilla
- 125 ml (1/2 cup) dark chocolate chips
- 125 ml (1/2 cup) sliced almonds

Fired? Let it go then move on

Few milestones are as grim as unemployment Let your emotions run free on day one After one month, you should be in full job-seeker mode

DREW HINSHAW
LIFE@METRONEWS.CA

So you've been fired? Let it go.

For many of the newly fired, waking up on "morning one" can come with a paralyzing sense of free fall — the sudden and shuddersome realization that you may not be obligated to match socks or shave for many months.

A few milestones, career counselors say, can make the vast, grim void of unemployment more fathomable. Start with day one.

DAY 1: The first day

"Walk while you're scared," suggests Thank You For Firing Me author Kitty Martini, vocal proponent of post-layoff exercise. "Take a bike ride." Women for Hire CEO Tory Johnson agrees. "While the immediate instinct might be, 'I've got to get my résumé in order' day one is much more about letting your emotions run freely," she says. "That might mean pulling out your voodoo doll and pretending it's the person who fired you."

DAY 7: The first week

"By the week mark, it's really about getting your finances in order," Johnson says. "Maybe you downgrade your cable service, or eliminate one of your phone lines. That's what you do early on." HBO or not, she warns, count on reduced finances for the foreseeable future. "People say, 'I'll just bartend, or I'll just dog walk,' none of those things are easy to land."

DAY 31: The first month

"By the one-month mark, you have to be in serious job-seeker mode," Johnson stresses — résumé readied, dreams determined. Unless your vision is not yet clear. "Right at the point when you really reconnect back with what your passion is" that's when you should start looking," Martini says. "If you really want to do a routine, spend a little time each day just visualizing where you want to be," she says. "That's kind of like job hunting, but bringing the job to you, using physics."

She explains: "Something in the universe will shift when you start thinking about what you want."

▶ For many of the newly fired, waking up on "morning one" can come with a paralyzing sense of free fall.

Choose references carefully

The right people can push you across the finish line

Younger job seekers can be forgiven, perhaps, for thinking references — the lowly résumé footnote listed even farther down the page than the 'skills and hobbies' section — are an antiquated formality. In fact, even career counselors aren't sure they matter like they used to.

"The world has completely changed, and you can no longer control what an employer thinks about you by getting three people lined up as references," says Louise Fletcher, president of Blue Sky Résumés. "I can look you up on MySpace and Twitter and see what you wrote on a forum, so I don't need to rely so much on calling three people."

Career consultant Cynthia Shapiro agrees, yet still believes in the relevance of references. "Every time a hiring manager recommends someone for employment, their job is on the line," she says.

That means the powers-that-hire are after testimony that will justify their decision to bring you on, should you turn out to be a disastrous hire. And because many large corporations — for fear of lawsuits — will only tell callers your name, title and dates of employment, hiring managers often struggle to gather positive offline feedback on professionalism.

So finding that trio of colleagues willing to put in the good word can nudge you across the finish line.

"If you look like the safest bet," Shapiro says, "you will actually get the job over other people with better skills, because hiring managers have to protect themselves."

METRO

reference tips

- **Omit the friends,** frat buddies, pastors, and professors who can't really speak to your professional conduct, unless your colleagues number among your friends.

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- **Integrity is good for business**
- **Institutional mistrust is one of the top problems in the workplace**

Managers need be the paragons of integrity at the organizations they lead — which means no backbiting, gossip mongering or downplaying employees' efforts.

For career coaches, a mentality of trust between co-workers can do more for a business's efficiency than all the software on the company grid or snacks in the company fridge combined.

Two co-workers who can count on each other can outdo a handful of go-it-alones who can't, experts say.

"Trust is definitely essential to a successful workplace," says CareerBuilder.com career adviser Allison Nawoj. "It means employees will go that extra mile and do something outside of their comfort level."

Conversely, Nawoj warns that "it's difficult to be that 110 per cent employee if you feel that there is mistrust at an organization."

Shay McConnon, co-author of Conflict Management in the Workplace, views institutional mistrust as the No. 1 problem of the modern workforce.

"The greatest source of inefficiency for most organizations is conflict and mistrust in working relationships," he says. "The process to build trust is to actively seek out others needs and make sure theyre being met."

Distrust, McConnon notes, can be a hard subject to broach. So focus on the tone, body language and quiet cues of co-workers. "A moan, a criticism, these are expressions of unmet needs," McConnon says.

Plus, be willing to volunteer the truth — even when it may cost you praise.

"Give credit where credit is due," career consultant Lynn Berger says. "Tell people the facts."

▶ Two co-workers who can count on each other can outdo a handful of go-it-alones who can't, experts say.

Level of trust

For managers — caretakers of the office trust level — Nawoj offers guidelines for keeping co-workers on good terms. "Talk to your employees about how they can maintain trust better," she offers. "Do a session each year to talk about it." Secondly, promote good folks. "Those people who are capable of having trustworthy relationships," she says.

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News in brief

N.B. shutters university's degree program

PRIVATE SCHOOL. The New Brunswick government announced it has revoked Lansbridge University's degree-granting designation following a review of a number of assessments conducted and evidence collected by independent inspectors engaged by the province. The department will hire a registrar and an inspector to help oversee the wind-down of programs offered by the Fredericton-based private online institution. METRO

Manitoba school locks out staff

LABOUR. University of Manitoba security personnel were locked out after the university and the staff's union were unable to reach an agreement in last-minute negotiations through a conciliator. One of the union's biggest concerns was uManitoba's request to drop staffing levels, allowing security staff to patrol alone instead of in pairs. The union fears the move could put guards, students, and "all persons on university grounds in jeopardy." METRO

UofT ranks high for Webometrics

INTERNET. The University of Toronto is the highest-ranking Canadian university in Cybermetrics Lab's biannual Webometrics Ranking of World Universities, which measures universities' performance and impact through their Web presence. Toronto placed 31st overall. The other Canadian institutions to make the top 100 are UBC (38), University of Montréal (60), SFU (66), University of Alberta (68), McGill (81) UQAM and the University of Waterloo (tied at 97). METRO

IGNORANCE OF THE LAW NO EXCUSE FOR DISCRIMINATION

Workplace Law

DANIEL LUBLIN
IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP.
DAN@TORONTO-EMPLOYMENTLAWYER.COM

Employers must ask themselves a few questions about discrimination

Employees and employers make all types of wrong assumptions about the law. Seldom do their "perceived" rights exist. Often they rely on rules that have long been rejected by the courts and legal doctrines that are now invalid. Sometimes they just ignore their lawyer's advice. As one Ontario company just learned, however, ignorance of the law is no excuse.

When Elsa Torrejon learned that she had breast cancer, she hoped her employer, Weston Property Management Corp., would be sympathetic. Instead, when Torrejon asked for a leave of absence, she was told that her last day at work would be her final day with the company.

Claiming that she had been discriminated against by the company on the basis of her disability, Torrejon commenced a human rights application (which is equivalent to a lawsuit). At the hearing, the Human Rights Tribunal did not hesitate to find that Weston discriminated against Torrejon for its failure to accommodate her disability. In an attempt to absolve itself from liability, Weston openly admitted that it was blind to its obligations under the applicable human rights legislation. Needless to say, this argument did not impress the adjudicator.

Weston was ordered to pay $20,000 in damages to Torrejon. Also, as a result of its disregard for the applicable human rights law, Weston was ordered to undergo human rights training.

What can employers do to avoid similar findings?

First, Canadian employment law requires that ill or disabled workers be accommodated. This requires an extensive examination of the employee's work related restrictions and their ability to provided modified work. Asking a few questions is seldom sufficient. Both employees and employers must consult with experts and determine the level of accommodation required.

Second, employees with disabilities can be dismissed — and they often are. However, courts and human rights tribunals will quickly draw a connection between the firing and the illness. If there are other reasons that precipitated the dismissal, they better be clear and unrelated to any health concerns.

Finally, don't shoot first and ask questions later. Instead, obtain advice from an expert. There is no substitute for experienced counsel.

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Website: www.ryerson.ca/ce/placed

Information Session and Registration

CVLA 900 IEPs Self-Assessment and Planning

Date: Wednesday, September 1, 2010
Time: 6:00 p.m. – 8:00 p.m.
Location: Ryerson University
Victoria Building
285 Victoria Street, Room 402
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How to cultivate good roommate relationships

Tension can often help to create a healthy bond

College and university freshmen are often tempted to request roommate changes within weeks of unpacking. But a host of research data suggests that staying the course — barring abusive situations — is likely to have a positive effect on students for years to come.

In a roommate setting, tension could actually produce better results for students. For instance, most studies show that racial differences among roommates lead to more conflict. However, an important Ohio State University and Virginia Commonwealth University study showed that mixed-race roommate situations resulted in better grades for African-Americans.

Moreover, a recent University of Michigan study found that most roommate situations get better, not worse, over a 10-week period. That same study presented evidence that a willingness to reveal weakness is a key factor in a good roommate relationship.

Admitting to fears and shortcomings can create a healthy bond, even between extremely different personalities. "Human weakness, I think, is really one of the only reliable facts of the universe," says John Mallinen, a counselor. "We are all dealing with a lot of fear. When we are able to share that with another person, it's bound to create intimacy."

And that can begin — at least in small doses — online, before you meet, says Natalie Caine, founder of Empty Nest Support Services, a Los Angeles-based consultant. "Let each other know you are excited and nervous so it shows some vulnerability," she explains. "Use humour, like saying you will bring ear plugs to share for snoring or late-night studies."

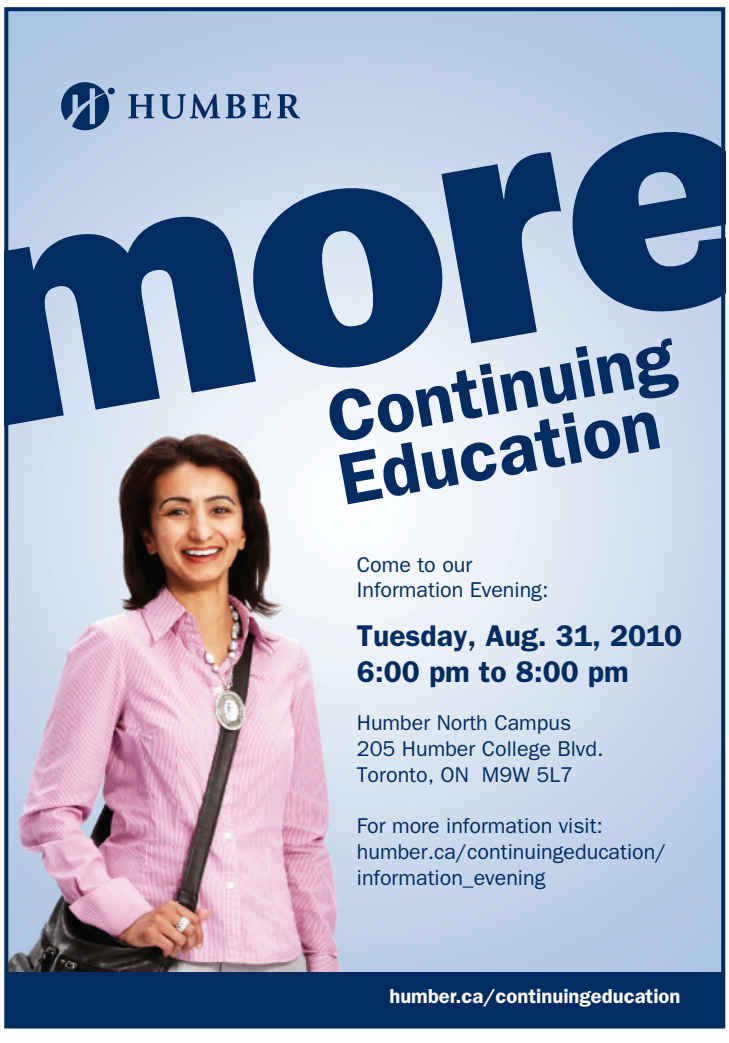
METRO

Expert Advice

What the experts say:

- **"I encourage students** not to let Facebook be the source of first impressions since there's usually more to a student than what is posted on their online profile. Make time to talk on the phone and learn about each other." — Wendy Piper, director of residential life, Ohio Wesleyan University.
- **"I recommended to** the students that one way to reduce defensiveness — and make the conversation more productive — is to bring up the issue in a positive, oriented way. Instead of saying, 'Your behavior is bothering me, and you need to change,' say, 'I'm having a problem, and I would really appreciate your help in solving it.'" — Robert Donley, peer mediation coordinator, Central Pennsylvania College.
- **"We strongly** believe that it is best for you to negotiate through the actual problem on your own." — Kathy Collins, associate director for residence education, Texas A&M University.

▶ Most roommate situations get better, not worse, over time, according to a recent study.



Back to school guide for mature students

It's been a while since you've had to sit in classrooms and listen to professors prattle on. And frankly, you wonder how you'll keep up with lecture notes when you have other obligations like family or a part-time job. Not to worry. Here are some tips to help mature students survive that first year back at school:

1. Be confident about who you are. Don't compare your appearance, possessions, or status with other students. As a mature student, you may have better time management skills and more life experience than your peers. You also know the value of a good education and will work hard to achieve it.

2. Get organized. Invest in a daily planner to keep track of deadlines and assignments. Create a home workspace that is comfortable and free of clutter.

3. Find a student mentor. Apply for a mentor through student services. Look for someone who is also a mature student and in a higher year than you. He or she can share first-year experiences, time management and study tips, and the scoop on professors to avoid.

4. Befriend your classmates. Having friends to confide in will make your classes more enjoyable. If you don't connect with anyone in your class, join interest groups and associations on campus. Being passionate about an activity binds people together.

Your decision to further your education is a brave one.

Be proud of yourself and consider helping a child in a developing country to get their education as well. You can visit www.ccfcanada.ca to see how you can provide opportunities to children in need.

NEWS CANADA

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Weir done for the year

- Injured elbow brings an end to one of Canadian golfer's worst seasons
- 40-year-old hopes to avoid surgery, let ligament heal on its own

SAM GREENWOOD/GETTY IMAGES

▶ Mike Weir hits a tee shot during the first round of the PGA Championship earlier this month.

Mike Weir won't have the chance to try to salvage one of the worst seasons of his PGA Tour career.

The left-hander from Bright's Grove, Ont., has a partially torn ligament in his right elbow and likely won't hit another competitive golf shot until 2011.

Weir has been playing with pain for nearly two months, regularly icing his arm and seeking treatment from PGA Tour physiotherapists while struggling through the most important stretch of the season. The 40-year-old thought he was suffering from tendinitis, but decided to seek further medical attention at last week's Wyndham Championship after an eye-opening conversation with a fellow pro who recognized the symptoms.

"I talked to Scott McCarron last week and he really kind of convinced me to go get an MRI," Weir told The Canadian Press yesterday. "He told me he had done the same thing — he played with (pain) while getting therapy on (his forearm) and he kept tearing (the ligament) worse and worse. By the time he went and got an MRI, it was completely torn off and he had to have surgery and take a year off."

Fortunately, Weir's prognosis is better than that. He plans to rest the elbow and seek alternative treatments, hoping the ligament will heal on its own so he can avoid surgery and a long layoff.

Even though the season is nearing its end, the news still hit hard. Weir failed to qualify for the FedExCup playoffs, which begin this week, but had been hoping to enter some of the fall series events that follow.

THE CANADIAN PRESS

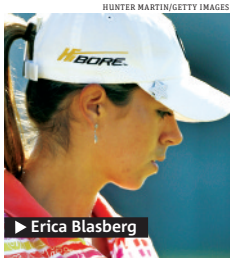
In the rough

The 2010 season has been one of the toughest of Mike Weir's career.

- After finishing sixth at the Bob Hope Classic in January, he failed to crack the top 10 in his remaining 18 tournaments.
- He missed eight cuts along the way and only broke 70 in two rounds after May.
- Weir had played the past three weeks before missing the cut at the PGA Championship and Wyndham Championship.

Golfer's death ruled a suicide

HUNTER MARTIN/GETTY IMAGES



▶ Erica Blasberg

The Clark County coroner's office ruled yesterday that 25-year-old professional golfer Erica Blasberg's death was a suicide.

Blasberg died May 9 at her home in Henderson, about 24 kilometres southeast of the Las Vegas Strip. She was found with a plastic bag secured over her head.

Henderson police said that while no foul play is suspected they have issued a misdemeanour arrest warrant for Dr. Thomas Hess on obstruction charges. Police said Hess, who discovered Blasberg's body, removed items from the scene, including a suicide note.

The contents of the note haven't been disclosed.

Hess turned himself into authorities, was booked into jail and released about 35 minutes after posting $637 in bail yesterday, Henderson police spokesman Keith Paul said.

THE ASSOCIATED PRESS

NHL in Europe? 'Good luck,' says IIHF president

International Ice Hockey Federation president Rene Fasel took a detour from his otherwise diplomatic path midway through a question-and-answer session yesterday, offering a stern rebuttal when the moderator asked about the possibility of the NHL trying to establish a division in Europe.

"Try to come," Fasel said flatly. "Good luck."

It was the most defiant declaration on a day filled with European concerns at the world hockey summit, with North American hockey institutions raised as both important allies and potential dangers to the global game. The NHL and the CHL, its junior counterpart, were accused of overfishing in foreign talent pools.

Delegates assembled around more than 45 tables on the covered arena floor at the Air Canada Centre, and the audience included notable spectators such as Toronto Maple Leafs general manager Brian Burke and Ottawa Senators captain Daniel Alfredsson.

"This is our territory and I will fight like hell to not allow anybody to come from abroad," Fasel said. "I think in Europe we are strong enough to do something on our own, and then have the competition between Europe and North America. That makes the fan happy."

The longtime international executive then invoked the most sacred sporting moment in Canadian history, pointing to the excitement raised when Canada faced the Soviet Union in 1972 as a reason to avoid homogenizing the sport.

"I don't think that an NHL division in Europe would fly," Fasel said. "If they have a lot of money to invest, they could try. But as long as I'm sitting in my chair, I will never allow that." THE CANADIAN PRESS

BRUCE BENNETT/GETTY IMAGES

▶ Rene Fasel

4 sports

Up and down

Ian Kinsler
An MRI exam showed significant improvement in the Rangers star's strained left groin that has kept him out of the lineup nearly a month.

Javier Vazquez
The Yankees are moving the pitcher to the bullpen and will let rookie Ivan Nova start in his place this weekend.

Scan code for sports

ELSA/GETTY IMAGES

▶ Minnesota Vikings' receiver Sidney Rice had hip surgery this week.

Vikings' Rice could be out for a while

Favre's go-to receiver has hip surgery, may miss first half of season ◐ Harvin still out of action

Brett Favre's job just got a whole lot tougher.

Favre and the Minnesota Vikings will play the first half of the season — or more — without Pro Bowl receiver Sidney Rice, who had hip surgery this week.

Coach Brad Childress said yesterday Rice had the procedure in Vail, Colo., Monday night. He couldn't give a specific timetable for Rice's return, but said typically it takes about eight weeks before a player can even get back to practice, let alone game action.

83

After catching just 45 passes during an injury-plagued first two seasons in Minnesota, Rice emerged as Brett Favre's go-to guy in his third season with 83 catches for 1,312 yards and eight TDs.

"I would think (it will take) probably at least eight weeks before we're talking about doing anything," Childress said.

It's a huge blow for the Vikings, who have very little depth at receiver. Percy Harvin has struggled with migraines during the pre-season, and the team signed veteran Javon Walker yesterday to help out.

Harvin, who hasn't played in either of the first two games of the pre-season, did not practise yesterday and Childress said he is scheduled to have more tests done and will not play until those are completed and evaluated.

THE ASSOCIATED PRESS

BASEBALL

No Boston reunion for Damon

Johnny Damon is staying in Detroit.

The 36-year-old outfielder decided to pass up a chance to return to the Boston Red Sox, rejecting their waiver claim and choosing to remain with the Tigers.

"These guys really like me here," Damon said yesterday, adding he spoke to each of his teammates individually to be sure he was wanted in the Tigers' clubhouse.

Damon was popular in Boston when he helped the Red Sox win the 2004 World Series to end an 86-year drought.

With his long hair and beard, he was part of the group of Red Sox players who called themselves the "Idiots."

He fell out of favour, however, with many Boston fans when he later became a free agent and joined the rival New York Yankees.

THE ASSOCIATED PRESS

Ochocinco fined $25k

The National Football League has fined wide receiver Chad Ochocinco $25,000 US for the timing of his tweets.

The league said yesterday that Ochocinco's messages appeared on his Twitter page during a prohibited time of the Cincinnati Bengals-Philadelphia Eagles pre-season game Friday. It said the Bengal player violated policies on electronic device possession and posting of social media messages.

THE ASSOCIATED PRESS

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Yao confident he'll be ready for NBA season

Team doctor says centre's foot has fully healed after surgery Rockets GM plans to limit Yao's minutes

RONALD MARTINEZ/GETTY IMAGES

Houston Rockets all-star centre Yao Ming is confident that he will be ready for the start of the regular season after a team doctor declared his surgically repaired foot fully healed.

Yao missed last season after undergoing complex surgery on his left foot in July 2009. Team doctor Tom Clanton has cleared Yao to resume basketball activities.

The Rockets had said all along that they expected Yao to play in 2010-11. Yao was still relieved when he got the official diagnosis.

"I am very excited," Yao said yesterday. "I am just looking forward to playing a great season. I think I can count on my foot now."

The seven-foot-six Yao sweated through a grey T-shirt during a vigorous workout for reporters at the Toyota Center.

He mostly worked on post moves with teammate Chuck Hayes and seven-footer James Cripe, a player in the NBA's developmental league.

He landed awkwardly on his left foot at one point, wincing in pain. He resumed the workout a few seconds later, and said he's less afraid to test the foot than he was two months ago, when he started running again.

"That's just the confidence," Yao said.

"I think everybody would have that after a foot injury, and (I'm) just still a little bit weak on that. I just need to continue to build on that. Compared to two months ago, it's really a lot better."

General manager Daryl Morey says the team will be cautious with Yao and limit his minutes early in the season.

THE ASSOCIATED PRESS

Scoreboard

BASEBALL

AL EAST

	W	L	Pct	GB
NEW YORK	77	48	.616	-
TAMPA BAY	77	48	.616	-
BOSTON	72	54	.571	5.5
TORONTO	65	59	.524	11.5
BALTIMORE	44	81	.352	33

AL CENTRAL

	W	L	Pct	GB
MINNESOTA	72	53	.576	-
CHICAGO	67	57	.540	4.5
DETROIT	62	63	.496	10
KANSAS CITY	53	72	.424	19
CLEVELAND	50	74	.403	21.5

AL WEST

	W	L	Pct	GB
TEXAS	70	54	.565	-
OAKLAND	61	62	.496	8.5
LOS ANGELES	62	64	.492	9
SEATTLE	49	76	.392	21.5

Yesterday's AL results

Kansas City at Detroit
Oakland at Cleveland
N.Y. Yankees at Toronto
Seattle at Boston
Minnesota at Texas
Baltimore at Chicago
Tampa Bay at L.A. Angels

Today's AL games

Kansas City at Detroit, 1:05 p.m.
Seattle at Boston, 1:35 p.m.
Tampa Bay at L.A. Angels, 3:35 p.m.
Oakland at Cleveland, 7:05 p.m.
N.Y. Yankees at Toronto, 7:07 p.m.
Minnesota at Texas, 8:05 p.m.
Baltimore at Chicago White Sox, 8:10 p.m.

NL EAST

	W	L	Pct	GB
ATLANTA	73	52	.584	-
PHILADELPHIA	70	54	.565	2.5
FLORIDA	62	61	.504	10
NEW YORK	62	62	.500	10.5
WASHINGTON	53	72	.424	20

NL CENTRAL

	W	L	Pct	GB
CINCINNATI	72	53	.576	-
ST. LOUIS	68	54	.557	2.5
MILWAUKEE	59	65	.476	12.5
HOUSTON	55	69	.444	16.5
CHICAGO	52	74	.413	20.5
PITTSBURGH	41	84	.328	31

NL WEST

	W	L	Pct	GB
SAN DIEGO	74	49	.602	-
SAN FRANCISCO	70	56	.556	5.5
COLORADO	64	60	.516	10.5
LOS ANGELES	63	62	.504	12
ARIZONA	49	76	.392	26

Yesterday's NL results

Chicago at Washington
Houston at Philadelphia
St. Louis at Pittsburgh
Florida at N.Y. Mets
L.A. Dodgers at Milwaukee
Atlanta at Colorado
Arizona at San Diego
Cincinnati at San Francisco

Today's NL games

Atlanta at Colorado, 3:10 p.m.
Cincinnati at San Francisco, 3:45 p.m.
Chicago Cubs at Washington, 7:05 p.m.
Houston at Philadelphia, 7:05 p.m.
St. Louis at Pittsburgh, 7:05 p.m.
Florida at N.Y. Mets, 7:10 p.m.
L.A. Dodgers at Milwaukee, 8:10 p.m.
Arizona at San Diego, 10:05 p.m.
Cincinnati at San Francisco, 10:15 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
MONTREAL	8	6	2	0	269	193	12
TORONTO	8	5	3	0	191	215	10
HAMILTON	8	4	4	0	201	215	8
WINNIPEG	8	2	6	0	224	244	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
CALGARY	7	6	1	0	223	142	12
SASK.	7	5	2	0	235	196	10
EDMONTON	7	1	6	0	145	239	2
B.C.	7	1	6	0	135	179	2

Friday's game

Calgary at B.C., 10:30 p.m.

Saturday's game

Saskatchewan at Edmonton, 7 p.m.

TODAY IN SPORTS

Aug. 25

1888 - Henry Slocum becomes the first man besides Richard Sears to win the U.S. Lawn Tennis Association singles title.

1922 - In one of the wildest games ever played, the Cubs beat the Phillies 26-23. The Cubs led 25-6 in the fourth inning, but held on as the game ended with the Phillies leaving the bases loaded.

1996 - Tiger Woods wins an unprecedented third U.S. Amateur Championship, beating Steve Scott on the 38th hole after coming back from 5-down with 16 to play and 2-down with three to go.

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TFC loses in Panama

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Toronto FC lost 1-0 to Panama's Arabe Unido and had two players sent off last night in the CONCACAF Champions League group stage.

Arabe Unido defender Fidel Caesar scored in the 40th minute on a corner after the ball bounced to him off a teammate's shoulder. Caesar controlled the ball with his thigh and volleyed it home with his right foot.

The corner was caused on a giveaway by Toronto fullback Maksim Usanov.

Toronto's cause wasn't helped in the 50th minute when midfielder Nick LaBrocca was shown a red card going after a 50-50 ball in the Arabe Unido penalty box. El Salvador referee Marlon Mejia evidently ruled LaBrocca left his leg in for the challenge on the 'keeper.

Despite being down to 10 men, Toronto spent more time in the home team's half than before but was unable to take advantage despite coming close several times late in the game.

Toronto teenage striker Fuad Ibrahim was ejected in the 88th minute, apparently for arguing after a getting a caution in the home team's penalty box.

The loss left both teams at 1-1-0 in Group A.

Toronto's next three Champions League games are away, with a visit to Mexico's Cruz Azul sandwiched around trips to Real Salt Lake.

The MLS side finishes the group stage with two games at BMO Field.

THE CANADIAN PRESS

Bronx Bombers blast Jays with 5 home runs

- Rzepczynski lasts only 3 innings
- Jays still lead season series

YANKEES	BLUE JAYS
11	5

Mark Teixeira and Jorge Posada each homered and had four hits as the New York Yankees used five home runs to defeat the Toronto Blue Jays 11-5 Tuesday.

Right-hander Dustin Moseley (4-2) held the Blue Jays to five hits and two runs over six innings before a crowd of 30,567 at Rogers Centre.

Curtis Granderson hit his 14th with two on, Marcus Thames his fifth with one on and Derek Jeter hit his 10th to go with Teixeira's 28th homer and Posada's 16th of the season.

The teams play the rubber match of the three-game series today. The Blue Jays (65-60) still lead the season series 6-5 with the Yankees (78-48), who entered the game tied with the Tampa Bay Rays for first in the American League East.

Despite some minor tinkering with his pitching mechanics, it was another short outing for Marc Rzepczynski (1-2) The lefthander was pummelled for six runs and eight hits, including three home runs, in three innings.

THE CANADIAN PRESS

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▶ Marc Rzepczynski walks back to the mound as New York Yankees Marcus Thames rounds the bases.

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CANADA'S hottest model event

IF YOU WANT A HOT MODEL, IT'S TIME TO STEP UP.

2010 Dodge Grand Caravan SXT shown.[1]

2010 DODGE GRAND CARAVAN CANADA VALUE PACKAGE

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- Leather wrapped steering wheel and shift knob
- Steering wheel mounted audio controls

NO CHARGE SE PLUS GROUP PACKAGE

2010 Dodge Journey SXT shown.[1]

2010 DODGE JOURNEY SE CANADA VALUE PACKAGE

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2010 JOURNEY SXT GROUP PACKAGE

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2010 Jeep Patriot Limited 4x4 shown.

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Thinking outside the box with Juke

Nissan's brand new crossover targets Gen X couples and urbanites ◆ Automaker is boldly going where no front-end styling has gone before, reviewer Mike Goetz says

Big-wheel stance

EXTERIOR. Standard 17-inch alloy wheels, with aggressive Goodyear Eagle RS V-rated rubber. Wheels pushed to extreme corners of vehicle for agility and aggressive stance. Same B platform as Versa and Cube. Shorter than Versa, but taller and wider.

Breaking news: It's a turbo

ENGINE. Cheapest car you can buy to offer over 100 horses per litre of engine displacement. New 1.6-litre direct injection turbo I4, good for 180-hp and 170 "torques." Two transmissions: 6-speed manual (FWD models only); CVT "automatic" with a "manual" shift mode. Driver can dial in three throttle/transmission/steering settings. I drove it almost exclusively in Sport Mode, the fun mode. With a high power-to-weight ratio and lots of traction, the Juke is one quick and entertaining little crossover.

Motorcycle inspirations

INTERIOR. Centre console mimics the profile and metallic shine of a motorcycle; very cool, but cup holders only take one-size cups, and not much storage space. Shifter nice and high and easy to reach from steering wheel. Long list of features, including navigation and heated seats.

First Drive

Is that a coupe?

SPACE. A four-door that looks like a two-door. Rear door handle at top of door. Roofline eats up headroom, but back seat still quite useful.

$19,998

Price of entry-level SV FWD with manual 6-speed. Other models: SV FWD CVT ($21,298); SV AWD CVT ($23,098); SL FWD with manual 6-speed ($23,548); SL FWD CVT ($24,848); SL AWD CVT ($26,648).

Where machine meets human

INTERFACE. Juke introduces's a new system for switching and accessing information. It features one main display with two main modes: climate and driving.

In-your-face facelift

FRONT. Front turn signal/parking light lamps actually rise above hood surface, like crocodile eyes. Low-mounted headlights inspired by auxiliary lamps fitted to rally cars.

5 drive

In brief

Canadian teen sensation Justin Bieber has the makings of a fleet that most of us could never hope to own. P.Diddy is reported to have given him his Lamborghini Gallardo Spyder for his birthday, while Usher offered him a Range Rover.
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GM shuts out the air, cuts down fuel use

Shutter system can better control aerodynamic forces even in harsh weather conditions ◐ Tech available on new Cruze, other models to follow

▶ GM's new air shutter will debut on the Chevrolet Cruze Eco, a special fuel efficient trim level.

DRIVING FORCE

JIL McINTOSH
DRIVE@METRONEWS.CA

If you've ever put your hand out the window of a moving car, you've experienced aerodynamics. Put your hand flat and the air slips by, but if you hold it up, the wind pushes it. Much of the fuel your vehicle burns is just for overcoming this resistance; GM is helping to reduce this with an innovative new air shutter on the new Chevrolet Cruze sedan.

Made of high-strength plastic and tucked behind the grille for protection from road debris, the shutters open and close similarly to a Venetian blind, says Greg Fadler, aerodynamics engineering group manager for GM North America.

"There is a five per cent improvement in aerodynamic drag," Fadler says. "That's huge, because the horsepower required to overcome aerodynamic drag goes up with the cube of vehicle speed. It takes 50 per cent more horsepower to go (128 km/h) versus (112 km/hr). Above (72 km/h), aerodynamic drag is the largest drag on the vehicle. What we're doing is reducing the number-one draw on fuel consumption."

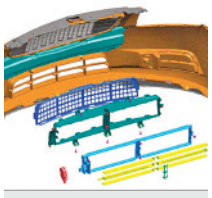
The system will debut on the Cruze Eco, a special fuel-efficient trim level, but will eventually be rolled out across numerous GM products. In effect, they change the shape of the front end, allowing the car to "cut through" the air more efficiently.

The system uses a number of sensors that determine factors such as vehicle speed, and the temperature of the engine and outside air. Since they block off the radiator, used to cool the engine, they stay open when maximum airflow is required to reduce engine temperature, and close at higher speeds to reduce wind drag.

"It's designed so that it doesn't have to open in freezing conditions," Fadler says. "The cold air provides that extra cooling capacity." This eliminates any danger of the system trying to open shutters that are frozen shut.

"We tested the performance to the level of having all your luggage and your family loaded in on vacation in Death Valley, and it's (43C) outside, and your air conditioning and cooling system are working at maximum capacity to keep you comfortable and the engine in the normal temperature range," Fadler says. "But if it's a fall day in Toronto, and the temperature is maybe (10C), you need far less air in that scenario, so the system shuts down that excess capacity when it's not needed."

Shutter up



▶ The aerodynamic air shutter system on the Chevrolet Cruze is new, but automotive shutters were first used a long time ago.

Many 1920s cars didn't have thermostats, which regulate the flow of coolant to keep the engine at its optimal temperature. These cars often had shutters over the radiator, which opened or closed depending on temperature. Some also had small doors, called louvres, along the sides of their hoods, which opened to let out excess heat. Both shutters and louvres were considered decorative as well as functional.

WANT SERVICE SATISFACTION? LET'S TALK

A study released this week suggests we may be in the midst of a paradigm shift — we seem to be spending less and less on vehicle maintenance

Another finding: Certain "intangibles" of auto service and repair keep cropping up, as the ones that really matter to us. I might be wrong, but they also seem to be the same ones that have been around since the dawn of time.

Consider this conversation, overheard in the establishment called Bob's Wheel Service, circa 2,000 B.C.

"I come to get my wheel. You fix?"

"No, maybe tomorrow, bring back tomorrow."

"Tomorrow no good."

"You wouldn't understand, wheel fixing business very complicated."

"Me understand me want to complicate your brain structure with this rock."

Ryan Robinson is director of the Canadian Automotive Practice at J.D. Power and Associates, the firm that asked more than 14,500 owners about their service experiences. He told me that those that did well in the satisfaction rankings, were obviously the ones that consistently "hit the mark" when it came to completing work on time.

"People really value their time these days. Service providers need to acknowledge and meet those expectations."

But equally important, says Robinson, are the discussions that providers have with their customers. "Often customers don't know what's exactly going on with their vehicle. They have to put their trust in someone."

The way they get that trust, is through good dialogue, says Robinson, about the work that was just completed on the vehicle, about what it might need in the future, and being realistic and truthful about how long the vehicle needs to be in the shop.

"When customers feel they are being educated, and are given the straight goods about what the vehicle needs, the higher the trust and the higher the satisfaction scores."

Scanning the list reveals only one dealership brand (Toyota-Lexus) to finish in the top ten and above the industry average.

According to Robinson, traditional aftermarket players seem better able to build and maintain those "one on one" customer relationships. But he adds there are many individual dealers, and even very large dealer groups, that also do well with satisfaction.

Top service

Overall Service Experience Satisfaction Index

- 1. PetroCanada Certigard 869
- Goodyear Auto Centres 838
- Jiffy Lube 835
- OK Tire 832
- NAPA AUTOPRO 831
- Toyota-Lexus 825
- Midas 822
- Pennzoil 818
- Fountain Tire 815
- Mr. Lube 815

Industry Average 815

SOURCE: .D. Power and Associates. Based on a 1,000-point scale. Over 14,500 respondents, with 3 to 12-year old vehicles.

HGTV SHOW HOST BIMMERS IT UP

My Drive

HEATHER BUCHAN
DRIVE@METRONEWS.CA

Why the Bimmer?
This is my second one. I really like the car. It's not too sporty or small, so I can get a couple of tool bags into the trunk. It's a mid-sized car so it allows me to fill it with stuff when I need to, but it's not huge like my pickup truck, so I can get around downtown Toronto easily. I do a lot of commuting around southern Ontario. I scout properties, meet with clients a lot, do estimates, and for those meetings I don't need my pickup. The Beemer is like my secondary office.

What features do you love most?
The heated seats are nice in the winter. It's got all the latest technology, which is helpful. I love the GPS and the Bluetooth phone.

What type of driver are you?
I drive fast, but I don't like to race. I just hate being in traffic. I'm a big believer in the 407. It should go everywhere. I'd pay five bucks to stay out of traffic jams.

What would we find in your glove compartment today?
I keep my insurance and registration, I have a Ziplock bag with sour candies for my late-night drives home after work. So if I'm really tired, it's keeps me awake with a little sugar rush. I have toothpicks because I can't stand food in my teeth. I have a picture of my wife and I. And I have a protein bar. It's very clean. I'm pretty meticulous about my vehicle.

Meet the driver

- **WHO HE IS:** Scott McGillivray is the handsome host of HGTV's home renovation show Income Property, in which he helps homeowners transform part of their property into a rental unit. He was previously the project manager on From the Ground Up with Debbie Travis.
- **WHAT HE DRIVES** A 2008 grey 335i BMW

Do you have a dream car?
I do like the Audi R8. If money was no object, I'd probably have a lot of cars (laughs). But a really slick R8 in black would be my fun, pricey car.

Extreme tests for Focus

The next generation Ford Focus has been tested in some of the most extreme locations on the planet.

It's been thrashed over frozen arctic lakes, hammered across the hottest deserts, and driven overloaded up and down high Alpine passes to ensure impeccable reliability and dependability wherever it is sold.

Altitude affects cars in the same way it affects humans. The higher you climb, the less oxygen there is in the air and it becomes harder to breathe and function.

Ford demands its products meet high standards of performance at all altitudes which is why the company frequently heads to the Austrian Alps and to the Grossglockner High Alpine Road.

Completed in 1935, this breathtaking and beautiful ribbon of tarmac weaves its way right into the heart of the Hohe Tauern National Park, before terminating opposite the tallest mountain in Austria, the Grossglockner (3,798m) and its glacier, the Pasterze.

At 48 km long, with 36 challenging bends and a maximum altitude of 2,504 metres, this masterpiece of road engineering is a mecca for motorcyclists and driving enthusiasts. It's also the perfect location to carry out altitude testing on the next generation Ford Focus.

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†0% APR Purchase Financing is available on all new 2010 Mazda vehicles. Based on a representative agreement using an offered pricing of $24,890/$24,990/$29,690/$17,390/$18,390 for the new 2010 Mazda6 GS-I4 (G4SY60AA00)/2010 Mazda Tribute GX-I4 2WD (WVXD50AA00)/2010 Mazda CX-7 GX (PVXY80AA00)/2010 Mazda3 GX (D4XS50AA00)/2010 Mazda3 Sport GX (D5X-S50AA00) with a financed amount of $20,000/$20,000/$25,000/$15,000/$15,000, the cost of borrowing for a 72/72/60/60/60-month term is $0, monthly payment is $277.77/$277.77/$416.67/$250.00/$250.00, total finance obligation is $20,000/$20,000/$25,000 /$15,000/$15,000. *Offered Pricing for new 2010 Mazda6 GS-I4 (G4SY60AA00)/2010 Mazda Tribute GX-I4 2WD (WVXD50AA00)/2010 Mazda CX-7 GX (PVXY80AA00)/2010 Mazda3 GX (D4XS50AA00)/2010 Mazda3 Sport GX (D5XS50AA00) is $24,890/$24,990/$29,690/ $17,390/$18,390. As shown. Offered Pricing for 2010 Mazda6 GT-V6 (G4TB80AA00)/2010 Mazda Tribute GT-V6 AWD (WXTZ70AA00)/2010 Mazda CX-7 GT (PXTJ80AA00)/2010 Mazda3 GT (D4TY60AB00)/2010 Mazda3 Sport GT (D5TY60AB00) 2011 Mazda2(B5SB51AA00) is $38,390/$36,700/$40,685/$25,460/$26,460/ $19,695.00. All offers include freight/P.D.E. and fees. Offers exclude HST. **No-charge scheduled maintenance offer applies to all new 2010 Mazda vehicles purchased or leased from an authorized Ontario Mazda dealer between August 7th and August 31st, 2010. No-charge scheduled maintenance will be provided at 8,000, 16,000 and 24,000 km intervals and must be performed within the time and on the terms of the Mazda new vehicle warranty. The customer is responsible for the costs of all recommended scheduled maintenance after the 24,000 km service is performed. See your retailer for a complete list of services and limitations. This offer has no cash surrender value. This offer is personal to the purchaser/lessee and the purchased/leased vehicle and cannot be transferred or assigned to another person or vehicle. All no-charge scheduled maintenance must be performed at the Mazda dealership where vehicle was purchased/leased. This is a dealer funded program. †† Savings offer is valid on retail purchases of new 2010 Mazda6 models purchased between August 7 and August 31, 2010. Customer can choose to receive a $1,000 Mazda Visa Prepaid Card (to be mailed to customer in October 2010) or an immediate $1,000 credit to be applied against their vehicle purchase price. See Dealer for program details. 2010 Mazda6/2010 Tribute/2010 Mazda CX-7/2010 Mazda3/2010 Mazda3 Sport models tested with standard side-impact air bags (SABs). U.S. Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). Based on Insurance Institute for Highway Safety. Offers available from August 7th, 2010 until August 31st, 2010. Licence, insurance and HST excluded. Lease and Finance on approved credit for qualified customers only. Dealer may sell for less. Dealer order may be necessary. Visit mazda.ca or see your dealer for complete details.

News in brief

Mag lauds Mazda5

RATINGS. The Mazda5 microvan posted an "Excellent" score in Consumer Reports' ratings, as part of a test in the September issue that featured three different types of family movers. Although smaller than a standard minivan, it is ideal for families on a budget. Also included was the Ford Flex EcoBoost three-row SUV and the redesigned Toyota Sienna minivan which posted "Excellent" and "Very Good" test scores, respectively. The Mazda5 previously earned a Top Pick designation in CR's Annual Auto Issue in the Family Hauler category. It is versatile and relatively roomy, despite its modest size. It has sliding rear doors, a small third-row seat, and seating for up to six.

FROM CARGUIDE

Teens too distracted

SURVEY. Teen drivers often understand that shooting a quick text message, playing with their radio, or eating while driving is dangerous. However, the overwhelming majority of teen drivers engage in distracted driving behaviours anyway, according to a recent survey by The U.S. AAA and Seventeen magazine. Almost nine in 10 teenage drivers (86 per cent) have driven while distracted, even though 84 per cent of teen drivers know it's dangerous.

FROM CARGUIDE

▶ The Subaru Impreza WRX STI is a staple at many rallies, which adds to its appeal for sports car fans.

HERE'S YOUR GOLDEN OPPORTUNITY TO SAVE ON ALL EXECUTIVE DRIVEN DEMOS NOW THROUGH SATURDAY.

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GOLDEN OPPORTUNITY EVENT

2010 RX350 Sport Package
Navigation, Back Up Camera, Heads Up Display, Sport Tuned Suspension, Unique 19" Alloy Wheels, Starfire Pearl on Black, 12 004kms. Stk # 421619 **$ Call for DEMO Pricing**

2010 ISF Series 2
Navigation, 19" Forged Alloy Rims, 8spd Transmission, Mark Levinson Sound System, Intuitive Park Assist, Obsidian Black on Black, WOW!! 416hp, 4 200kms Stk # 007564
$ Call for DEMO Pricing

2010 ISC 250 Convertible
Navigation, Back up Camera, 19" Alloy Rims, Mark Levinson Sound System, Intuitive Park Assist, Tungsten Silver Pearl on Black, 11 700kms Stk # 505368 **$ Call for DEMO Pricing**

2010 GX460 Ultra Premium
Navigation, 4 Camera Around View Monitor, Dual Screen DVD, Mark Levinson Sound System, Black Onyx on Black, 13 200kms Stk # 000641 **$ Call for DEMO Pricing**

2010 HS250h Ultra Premium
Navigation, Back up Camera, Mark Levinson Sound System, Leather, Moonroof, Obsidian Black on Black, 13 200kms Stk # 000864 **$ Call for DEMO Pricing**

2009 LS 600h LWB
Worlds best Luxury vehicle, Starfire Pearl on Black – 19850km. Well equipped. Stk #009956 **$ Call for DEMO Pricing**

2010 IS250 AWD Luxury w/Navigation
Navigation, Back up Camera, HID Lights, Power Rear Shade, Mark Levinson Sound System, Tungsten Silver Pearl on Black, 7 800kms Stk # 037634 **$ Call for DEMO Pricing**

2010 ISC 350 Convertible
Navigation, Back up Camera, 19" Alloy Rims, Mark Levinson Sound System, Intuitive Park Assist, WOW!! 306hp, Black Sapphire Pearl on Alabaster, 7 800kms Stk # 500091
$ Call for DEMO Pricing

RATES AS LOW AS 1.8%*

AWARD OF EXCELLENCE 2009

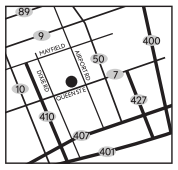

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PHOTO COURTESY SUBARU

Subaru's WRX STI for the sport-head

Impreza variation one of the most sought-after sports cars • Model high on reliability but best to avoid one with modified turbocharger

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Thanks to a long history in motorsports, a community of passionate and loyal owners, and tremendous popularity on YouTube videos, the Subaru Impreza WRX STI is quickly becoming one of the used car market's most sought-after sports sedans.

The last-generation STI came just one way: as a sedan with a turbocharged 2.5 litre boxer four-cylinder engine and six-speed manual transmission.

A Driver Controlled Centre Differential (DCCD) allowed for fine-tuning of power delivery through the STI's All Wheel Drive (AWD) system, and horsepower was rated somewhere between 293 and 300, depending on the year in question.

The specs

- **MODEL** 2004 to 2007 Subaru Impreza WRX STI
- **VEHICLE TYPE** Sedan
- **APPROXIMATE USED PRICE RANGE** $16,000 to $30,000

What Owners Like

Performance superiority, styling and reputation are all cited as key reasons why Impeza WRX STI owners chose their rides.

With a four-door body and decently-sized trunk, it's a performance car with the sensibility of a compact sedan — and the standard AWD system means year-round enjoyment is part of the package, too.

What Owners Hate

Standard sports car complaints apply for the model, including fuel mileage, a rough ride and high insurance and maintenance costs.

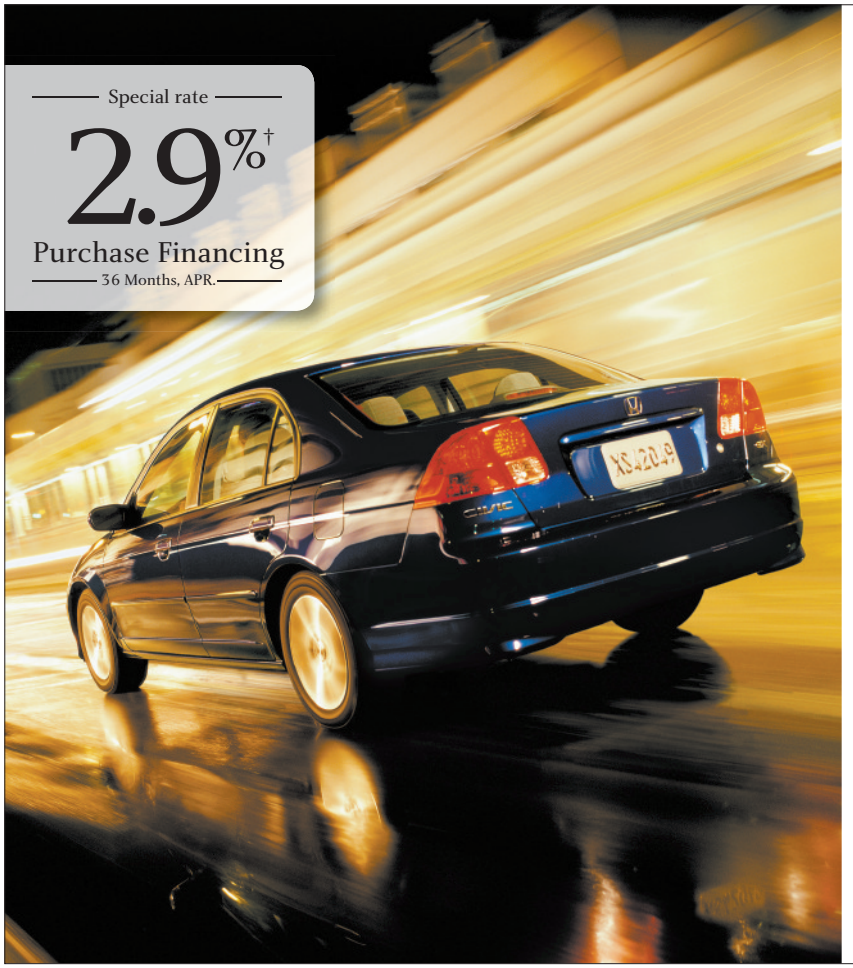
Common issues

Subaru has a reputation for building some solid and reliable cars, and the STI should prove no exception. Thing is, the STI isn't invincible or idiot-proof. Like all cars, it's made of parts and components that will eventually wear out and break.

Careful shopping and patience are key in finding a used STI model that wasn't given as a birthday present to someone's aspiring teenaged drifter. Also, don't waste time on an STI model that the owner isn't willing to let you drive yourself.

Bear in mind that clunking or grinding noises from the suspension or steering typically indicate a problem. Be sure there are no check-engine lights, no grinding sensations during gear shifting, and that there's no smoke coming from the tailpipe during hot or cold idle — or during hard acceleration.

Finally, avoid models with modified turbocharger or fuel injection systems unless you're knowledgeable about STI tuning and customization.



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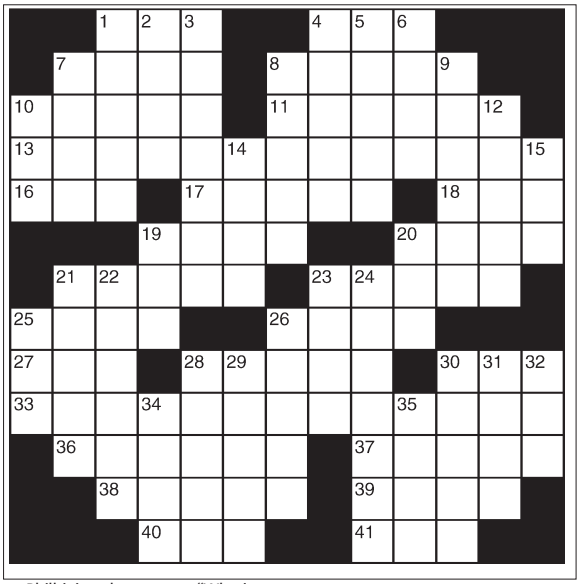
HONDA Certified Used Vehicles

†Limited time financing offer on all Honda Certifed Used Civics available through Honda Financial Services, on approved credit. Offer only available up to 36 months on Honda Certified Used Honda Civics (2005–2009 model years). Finance example based on 2005 model: $10,000 at 2.9% per annum equals $290.37 per month for 36 months. Cost of borrowing is $453.42 for a total obligation of $10,453.42. Taxes, license, insurance, registration and fees are not included. See your Honda dealer for full details. Dealer may sell for less. Offer expires August 31, 2010.

Crossword



Across

ACROSS
1 Servicewoman
4 Mailing ctr.
7 "Green Mansions" character
8 First, second, third and reverse
10 "Carmen" composer
11 Be there
13 Enrollment for all
16 Pale
17 The non-professionals
18 Placekicker's pride
19 Depressed
20 Farm fraction
21 Two fingers raised, e.g.
23 Closet intruders
25 Eat in style
26 Lincoln's bill
27 Tic-tac-toe win
28 "War and —"
30 Greek cross
33 Immediate contact
36 Farewells
37 Skin
38 Walk proudly
39 Coffee vessels
40 Snake's noise
41 Type measures

Down

1 Shrivel
2 "So be it"
3 Mail-order book
4 "Understand?"
5 Sucker
6 Raw materials
7 Philbin's co-host
8 Street urchin
9 Tattletale
10 Arrow launcher
12 Morrison's band, with "the"
14 Sunrise
15 Born
19 Gaming cube
20 Noshed
21 String instrument
22 Hairnets
23 Isin-glass
24 Late, as a payment
25 "What's up, —?"
26 The Devil bought his soul
28 Jurors, theoretically
29 Horse play?
30 Shore birds
31 Weaponry
32 "My home, sweet home"
34 Perches
35 Expression

▶ Yesterday's answer

M	E	S	A		G	E	M		C	A	M	P
A	R	A	B		R	O	E		A	R	I	A
G	I	N	S		I	N	D	U	S	T	R	Y
I	N	D	U	C	E	S		S	T	Y	E	S
			R	U	G		E	E	L			
S	P	A	D	E		I	N	D	E	X	E	D
K	I	D			M	R	S			V	E	E
I	N	D	I	A	N	A		B	A	I	R	N
			N	C	O		K	I	N			
L	A	I	R	D		I	N	D	O	O	R	S
I	N	D	U	C	T	E	E		I	D	O	L
E	K	E	S		W	O	E		N	O	V	A
D	A	S	H		O	H	S		T	R	E	Y

Sudoku

		1	9		2	3		
	4		1		7		9	
7								2
		6	7	9	5	4		
		5	3	6	4	2		
4								1
	5		8		6		7	
		9	4		1	8		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

4	1	3	8	7	2	9	5	6
9	5	7	4	1	6	8	2	3
6	8	2	9	5	3	1	4	7
8	7	4	6	2	5	3	9	1
5	9	6	3	8	1	2	7	4
2	3	1	7	4	9	5	6	8
3	2	5	1	6	4	7	8	9
7	4	9	2	3	8	6	1	5
1	6	8	5	9	7	4	3	2

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To my dear love, happy anniversary Adam S.,Thanks for making this year the best one ever <3 Love always
MILA H.

Everdearest Ma, God smiled on this day and gave us you. Happy Birthday. We love you so much. Blessings and prayers.
PA, THE 2 JOS AND KOTA

hello Melissa. You are so special. I like how you get lost all the time haha. Jk i am sad. Rip Martin xoxo.
LOVE FROM ME.

Andy Lian, I love you so much! I'll never want anyone else but you! You are the one for me. Thank-you for taking care of me! I love you.
WENDY LIAN

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Today Showers 60% 25°/14°
Thursday Partly cloudy 22°/13°
Friday Sunny 25°/16°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

STAY PREPARED WITH OUR MOBILE WEBSITE. Visit theweathernetwork.com on your mobile.

♈ Aries March 21-April 20 Try not to fall out with work colleagues today because it will be difficult to patch things up and be friends again later. Everyone is still a bit touchy from yesterday's full moon.

♉ Taurus April 21-May 21 At some stage today you will have to decide not only whether you want to follow a particular path but also if you are moving in the right direction generally.

♊ Gemini May 22-June 21 Yesterday's full moon made disputes look bigger and more important than they really were and today's Sun-Jupiter link will aggravate the situation. Don't get angry or uptight.

♋ Cancer June 22-July 22 What happens today will disrupt your immediate plans, and you may start to wonder if you should give up on a project. No you should not! It's a temporary blip, nothing more.

♌ Leo July 23-Aug.23 If you try to hold on to the past any longer the parting will be more painful than it needs to be. You know it's time to move on. You know a new path awaits you.

♍ Virgo Aug. 24- Sept. 22 So much is going on in your world at the moment that you are beginning to worry that you might not be able to hold it all together. Don't panic. The planets promise that if you stay calm you'll come through unscathed.

♎ Libra Sept. 23-Oct. 23 If you don't meet others halfway today chances are they will take their business elsewhere. Are you prepared to let that happen?

♏ Scorpio Oct. 24-Nov. 22 There are two possible options open to you now but you can't make up your mind which to take. Put off making a decision until tomorrow when Pluto, your ruler, will show you the way.

♐ Sagittarius Nov. 23-Dec. 21 You are spending too much time and energy on something that is of no real importance, and not nearly enough on something that is. Stop worrying about the future.

♑ Capricorn Dec. 22-Jan. 20 Don't let a friend persuade you that something cannot be done. They may think they are doing you a favour but in fact they would be directing you away from a golden opportunity. You can do anything.

♒ Aquarius Jan. 21-Feb. 18 Focus on what you have in common with other people, rather than on what sets you apart. Promise yourself now that you won't overreact.

♓ Pisces Feb. 19-March 20 You have reached a point of no return and have no choice but to decide what it is you want from the future. Fate may have brought you here but the next step is up to you.

SALLY BROMPTON

MARTIN MEISSNER/THE ASSOCIATED PRESS

Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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A

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E-E 10+
CONTENT RATED BY ESRB

LEVEL-5

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Games and system each sold separately.

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www.nintendo.ca/layton

2010 CLEAROUT Offer ends August 31st

KIA SUMMER SALE

5 Year Warranty*

NO PAYMENTS UNTIL FALL♦

0% FINANCING ON ALL 2010 MODELS** | Save up to $7,000

2011 KIA SORENTO

- HWY: 7.4L/100KM (40 MPG) CITY: 10.6L/100KM (27 MPG)
- BLUETOOTH CONNECTIVITY°
- HEATED FRONT SEATS

Sale Price from
$24,779‡
Cash Purchase Price

Offer Includes: Delivery & Destination $1,650 | Fees $134

Save up to
$1,000

SORENTO EX-V6 LUXURY SHOWN

TOP SAFETY PICK 2010 — INSURANCE INSTITUTE FOR HIGHWAY SAFETY

2010 KIA SEDONA

- HWY: 8.5L/100KM (33 MPG) CITY: 12.6L/100KM (22 MPG)
- BLUETOOTH CONNECTIVITY°
- 3-ROW SEATS

Sale Price from
$21,779‡
Cash Purchase Price

Offer Includes:
Delivery & Destination $1,650 | Fees $134

Save up to
$7,050

OR 0% FINANCE APR FOR UP TO 60 MOS**

SEDONA EX SHOWN

★★★★★ Crash Test Rating
NHTSA - Frontal and side impacts›

2010 KIA RONDO

- HWY: 7.5L/100KM (38 MPG) CITY: 10.6L/100KM (27 MPG)
- BLUETOOTH CONNECTIVITY°
- 3-ROW SEATS AVAILABLE

Sale Price from
$21,179‡
Cash Purchase Price

Offer Includes:
Delivery & Destination $1,650 | Fees $134

Save up to
$1,600

AND 0% FINANCE APR FOR UP TO 60 MOS**

RONDO EX SHOWN

★★★★★ Crash Test Rating
NHTSA - Frontal impacts›

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*5-YEAR/100,000 KM POWERTRAIN WARRANTY
*5-YEAR/100,000 KM EXTRA CARE ROADSIDE ASSISTANCE
*NO DEDUCTIBLE CHARGE

KIA MEMBER REWARDS

CERTIFIED PRE-OWNED

KIA mobility PROGRAM

$500 Grad Rebate

**0% purchase financing available on all 2010 Kia models for up to 48 months on approved credit (OAC). 0% purchase financing available on 2010 Forte (FO540A only)/2010 Rondo/2010 Sedona/2010 Rio for up to 60 months on approved credit (OAC). Cash back varies by model and trim. ♦"No Payments Until Fall" (60 day payment deferral) applies to purchase financing offers on all new 2010 and 2011 Kia models. No interest will accrue during the first 30 days of the finance contract. After this period interest starts to accrue and the purchaser will repay principal and interest monthly over the term of the contract. • MSRP for 2011 Sportage (SP55AB) is $23,779. Delivery and Destination fees ($1,650), OMVIC fee, environmental fee and Air Tax (where applicable) included. ♦Purchase price for 2010 Rondo (RN75OA) is $21,179 and includes a cash rebate of $1,600 based on the Manufacturer Suggested Retail Price of $22,779. Delivery and Destination fees of $1,650, OMVIC fee, environmental fee and Air Tax (where applicable) included. ‡Cash purchase price for 2011 Sorento (SR54DB)/2010 Sedona (SD75A) is $24,779/$21,779 and includes a cash credit of $1,000/$1,050 based on the Manufacturer Suggested Retail Price. Delivery and Destination fees of $1,650/$1,650, OMVIC fee, Environmental Fee and Air Tax (where applicable) included. All offers exclude licensing, registration, insurance, PPSA, applicable taxes and variable dealer administration fees ($399-$699). +Highway/city fuel consumption for 2011 Sorento 2.4L MT (SR54DB) is 7.4L (40 MPG)/10.6L (27 MPG); 2010 Rondo (RN75A) is 7.5L (38 MPG) / 10.6L (27 MPG); 2011 Sportage (SP55AB) is 6.9L (41 MPG) / 10.0L (28 MPG); 2010 Sedona (SD75A) is 8.5L (33 MPG) / 12.6L (22 MPG). The actual fuel consumption of these vehicles may vary. These estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the Government of Canada publication EnerGuide Fuel Consumption Guide. ^2011 Kia Sorento awarded the *Top Safety Pick by the Insurance Institute for Highway Safety*. The award is applicable on all 2011 Sorento models manufactured after March 2010. Visit www.iihs.org for full details. > NHTSA (*National Highway Traffic Safety Administration*) test results. Visit www.safercar.gov for full details. °The Bluetooth® word mark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Some vehicles advertised may include optional accessories or after-sale equipment and may not be exactly as shown. Information in this advertisement is believed to be accurate at the time of print. Offer ends August 31st, 2010. KIA is a trademark of Kia Motors Corporation.